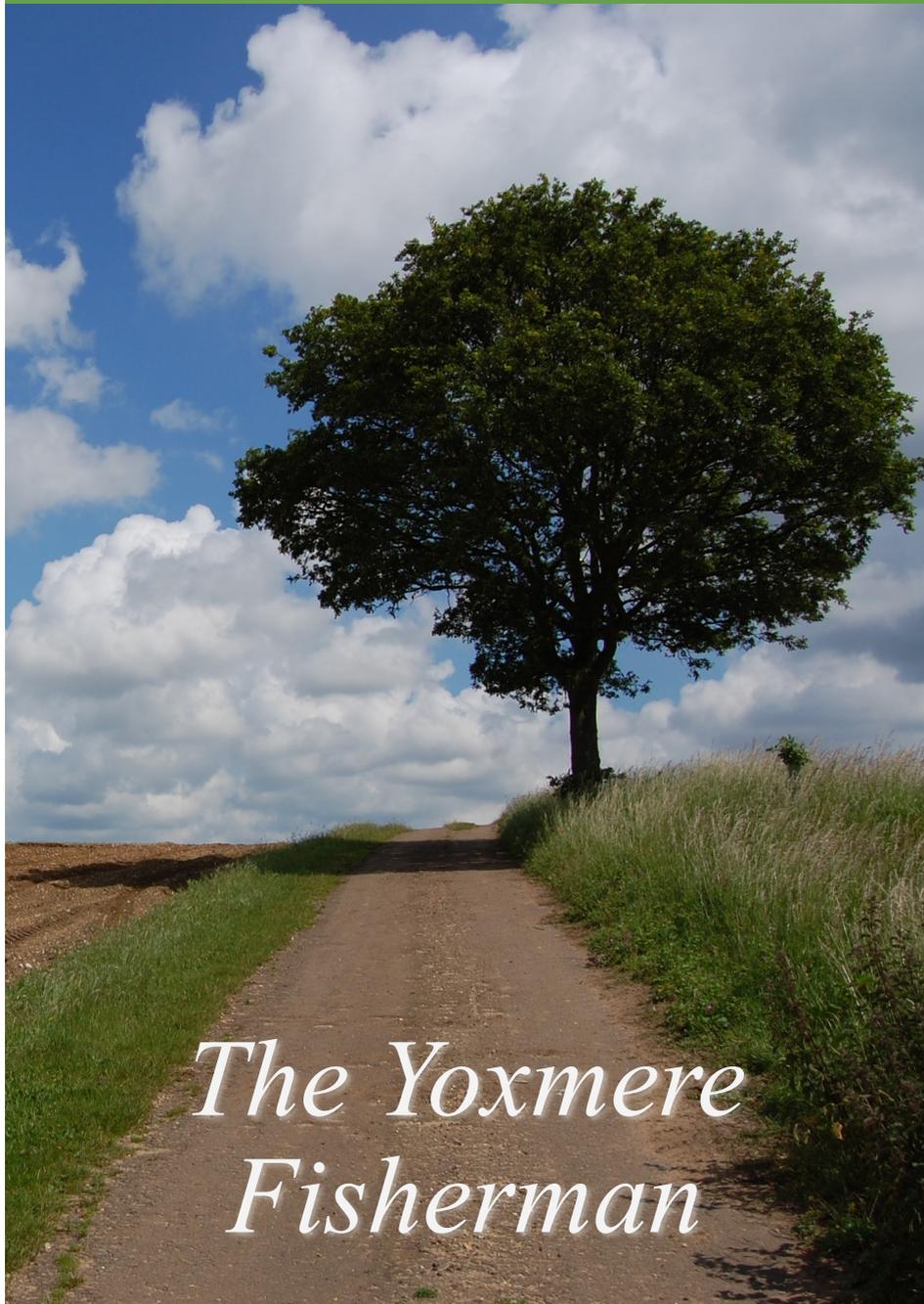


NEWS FROM ACROSS THE BENEFICE



*The Yoxmere
Fisherman*

August 2021

Services for August

Sunday 1st August Trinity 9

09.30 Dunwich Holy Communion
11.00 Yoxford Holy Communion
18.30 ZOOM Evening Prayer

Sunday 8th August Trinity 10

09.30 Darsham Morning Praise
Westleton Worship for All
Yoxford Holy Communion
11.00 Dunwich Holy Communion
Middleton Morning Praise
Peasehall Morning Worship
Theberton ANIMAL BLESSING SERVICE
18.30 ZOOM (Celtic Prayer)

Sunday 15th August Trinity 11

Festival of the Blessed Virgin Mary

09.30 Theberton Holy Communion
Westleton Holy Communion
Yoxford family@church
11.00 Darsham Holy Communion
Dunwich Morning Worship
Peasehall Holy Communion (BCP)
18.30 Sibton Evensong

Note: Holy Communion will follow the Common Worship order of service, except where BCP (*The Book of Common Prayer*) is indicated.

For links to ZOOM services

please contact Maureen Jolley on maureen.yoxmereclergy@gmail.com

Sunday 22nd August Trinity 12

09.30 Middleton Holy Communion with Theberton
Westleton Holy Communion
Yoxford Holy Communion
11.00 Dunwich Holy Communion
Peasehall Morning Worship with Chapel
18.00 Darsham Evensong

Sunday 29th August Trinity 13

11.00 Sibton Abbey Holy Communion followed by a picnic (Service in Yoxford Church if wet.)
18.30 ZOOM

Sunday 4th September Trinity 14

09.30 Westleton Holy Communion
11.00 Yoxford Holy Communion
18.30 ZOOM (Celtic Prayer)

Every Wednesday

10.00 Westleton Holy Communion (NB This was previously at 09.00)
20.00 ZOOM Night Prayer

We are still requesting that you wear a face covering in church, use hand sanitiser, and observe social distancing. Please see guidance on Page 4.



Thanks to Mark Mitchels for the cover photo.

Rector's Ramblings



I remember my Granny talking about the first time she came across polythene: she was on a train, and someone had something in a poly bag. The others in the carriage were so curious that they reached out to touch and feel this strange substance.

I've known plastic all my life — plastic bags, plastic toys, toothbrushes, in shoes, clothes, bottles etc etc. It's everywhere.

It's also everywhere in the developing world. In the very poorest, most basic communities plastic has been an incredible boon — it is light and waterproof, and if you have to walk a long way to the nearest well you'd rather carry the water back in a light plastic container than an earthenware jar. Great! But it is also a huge problem — the developing world quickly gets the commodities of the first world — mobile phones! the Internet! — and yet more basic things are often desperately lacking, such as healthcare, education, and refuse collection. If there is no refuse collection in a big city, where does the rubbish go? Organic waste gets chucked into streets or waterways, and it stinks, but it does degrade... But plastic waste is thrown there too, and stays there. There's no one to pick it up. Plastic waste is a modern problem for communities too poor to deal with it.

Happily, we can do something about this.

First, there was toilet twinning — pay a sum to 'twin' your toilet with a latrine in the developing world (thus massively improving toilet hygiene). Then there was tap twinning: you can guess. Now 'bin twinning'. By donating £45 per wheelie bin, you can support initiatives to collect and recycle rubbish in some of the poorest places on earth — providing jobs, making a healthier environment to live in, and make useful products out of waste. This simple initiative literally saves lives. Launched last year, thousands have already twinned their bins, supporting projects in the Democratic Republic of the Congo, Haiti, Nigeria, Pakistan and Uganda. No doubt, as the project grows, the work will expand to more locations in more countries.

Toilet twinning first began in 2010, as an offshoot of the Christian Charity Tearfund, working out of the analogy of twinning towns. Besides working to put sanitary loos in poor communities, hygiene education is a huge part of the work, helping these communities to understand how important simple sanitation is — such as keeping latrines away from water supplies. Besides thousands of households, lots of churches twin their loos — including a number of the churches in the Yoxmere Benefice.

To find out more, visit www.bintwinning.org and www.toilettwinning.org.

Blessings, Tim

COVID-SAFETY: UPDATED GUIDELINES FOR CHURCHES

Though the government has relaxed the rules around Covid, we are all aware that the pandemic continues, and infections have been rising in this country. Mindful that vaccination means low risk, rather than no risk, I have given updated guidance to the PCCs who, at the time of going to press, are updating their risk assessments and approving measures. At this stage I understand that we will continue as we have been doing: maintaining social distancing, sanitising, and wearing face masks, out of mutual care and responsibility.

Since Easter we have been singing a final hymn outdoors after services, with a feeling of great joy, freedom and exuberance. While good weather continues we will continue in this practice regardless. No final decision has been reached on singing indoors — we are mindful that the virus is overwhelmingly spread by the aerosol effect.

All the churches are open during the week for private prayer.

Where special services such as weddings, funerals or baptisms take place, we request that they also follow these guidelines, or else request each attendee to complete a lateral flow test prior to attendance.

Thank you for your understanding and cooperation during these difficult times.

Revd Tim

Lectionary & Liturgical Colours for August

| | | | | |
|------|----------------|---|----------------------|------------------------------|
| 1st | Green | 2 Samuel 11:26 - 12:13a | Ephesians 4:1-16 | John 6:24-35 |
| 8th | Green | 2 Samuel 18:5-9; 15:31-33 | Ephesians 4:25 - 5:2 | John 6:35; 41-51 |
| 15th | Green or white | 1 Kings 2:10-12; 3:3-14 | Ephesians 5:15-20 | John 6:51-58 |
| 22nd | Green | 1 Kings 8:[1, 6, 10-11] 22-30, 41-43 | Ephesians 6:10-20 | John 6:56-69 |
| 29th | Green | Song of Solomon 2:8-13 | James 1:17-27 | Mark 7:1-8, 14, 15, 21-23 |



Above: "Now" by Peter Etheridge, winner of the Stop Sizewell C photographic competition (see P. 24)

Right: Enjoying Darsham's new Pétanque court (see P. 13)



Below: Open mic at Theberton Lion (see P. 22)



mothers
union



Christian care for
families worldwide

Thursday 19th August

2.30pm

Service in Westleton Church

Followed by

'Tell me a story'

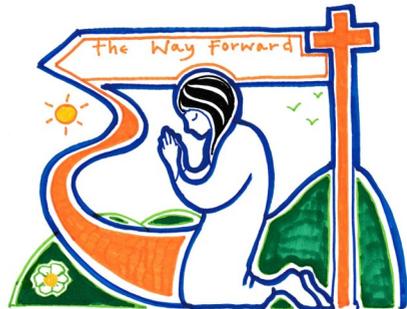
All Welcome

For more information contact
Sue Norrington 660280 or
Jennifer Clough 648597

family@church

Yoxford Church
Sunday 15th August 9.30am

Let It Be



A relaxed family-friendly service for the
young and the not so young

THE YOXMERE FISHERMAN GUIDELINES FOR CONTRIBUTORS

The *Yoxmere Fisherman* is published for the Yoxmere Benefice, which comprises the Church of England parishes of Darsham, Dunwich, Middleton, Peasenhall, Sibton, Theberton, Westleton and Yoxford. Visitors may find more information about our parishes at www.achurchnearyou.com

SUBMISSIONS should be sent by the 14th of the preceding month, and preferably by email to yoxmerefisherman@gmail.com.

Alternatively, by post to **The Editor, Cottage on the Common, Bakers Lane, Westleton, IP17 3AZ.**

For details of advertising please email: yoxmereadvertisers@gmail.com

VIRTUAL FISHERMAN

Since going online only, during the first lockdown last year, we have continued to post copies online whether or not we are printing. These should appear on your village website. The current edition and a few months of previous issues can always be found at

<http://westleton.onesuffolk.net/church/yoxmere-fisherman/>

You can also find the benefice on Facebook at:

<https://www.facebook.com/Saxmundhamdeanery>

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From the Registers

Funerals

Daphne Alice Elizabeth Kettel on Tuesday, 22nd June 2021 aged 94 years, in St Peter's Yoxford, followed by cremation at Waveney Memorial Park.

Derrick Raymond Wight on Thursday, 8th July 2021 aged 96 years, in St Peter's Yoxford, followed by burial in Saxmundham Cemetery.

Betty Pearce on Wednesday 14th July 2021 aged 86 years, in St Peter's Yoxford, followed by burial in Yoxford Cemetery.

The editor has received an anonymous letter, in which the writer says they feel sad at how the churches reacted to Covid. It is hard to reply, not knowing their circumstances nor their advice for what could have been done, or might yet be done.

Revd Tim's contact details can be found on Page 35 of the *Fisherman* every month and he would be very glad for the sender of the letter to get in touch with him to discuss this further.

CITIZENS ADVICE - HAS COVID LEFT YOU STRUGGLING?



Despite Covid restrictions lifting, this is not the end of the challenges that so many have faced.

If you have been struggling with employment, debts, or worry and loneliness, please do get in contact. It is not too late to seek help. So don't delay and please see what help is available for you and your family.

*We suggest that the first point of contact is by phoning our helpline on **01728 832193** or Freephone **0808 278 7868** - available on Monday, Tuesday, Thursday and Friday from 10-2pm. Alternatively you may contact us by post, or email supervisor@leistoncab.cabnet.org.uk.*

*We have resumed our face-to-face appointments in our Leiston office (14 Colonial House, Station Rd). These must be pre-booked by phoning **01728 642960** – the lines are open 10am-4pm Monday to Friday.*

We are continuing to ask our clients to wear a mask; don't come if you have any Covid symptoms, and be willing to have your temperature checked; also to understand that we are restricted on the numbers that we can allow in at any one time, so you may have to wait outside before you can enter.

Alison Moor

Graham Cooke DipMIT MPTA
PIANO TUNER

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SUFFOLK HISTORIC CHURCHES' TRUST CHARITY BIKE RIDE

The annual fundraising Ride & Stride takes place this year on **Saturday 11th September** between **9am and 5pm**. Last year

our area raised more funds for the SHCT than any other of the twenty Suffolk areas – so hearty congratulations to all who contributed. It would be fabulous to achieve this amazing goal again in providing financial support to our wonderful Suffolk churches, chapels and meeting houses through the SHCT.

We will have – hopefully – minimal restrictions to our movements and meeting others, but please note:

- Follow the Government guidance on Covid-19 prevailing at the time.
- Some churches may not be open or there may be no one to welcome you – just sign your sponsorship form. If a register is present at the church – sign your name.
- Take your own pen.
- It is unlikely there will be refreshments, so please take your own.
- Toilets may not be available.
- If you enter a church, touch as little as possible.
- Take hand sanitiser.
- Remember the Highway Code and use lanes and minor roads where possible.

Please contact your local organiser for a yellow sponsorship form and list of participating churches and chapels.

Local organisers in our benefice:

Darsham Church – John Millward 01728 668712

Dunwich Church, Leper chapel & Monastery ruins – Joan Godfrey - 01728 648270

Middleton Church – Jonathan Birt - - 01728 648673

Peasenhall Church, Michael Thickett - 01728 660549

Peasenhall Methodist Chapel – Christine Cole - 01728 660075

Sibton Church – Jan Belton – 01728 660111

Theberton Church – Julia Brown – 01728 830237

Westleton Church – David Blencowe – 01728 648856

Yoxford Church – Rupert Hannen – 01728 668856

Enjoy your day, whether cycling, using an electric bicycle or walking, but please keep safe.

Rupert Hannen, Area Organiser

Website: <https://shct.org.uk/ride-and-stride/>



The Alwyn Music Festival 2021



The Alwyn Music Festival returns to the Suffolk coast this autumn from 7th to 10th

October. Last year's programme was cancelled because of the pandemic and has been transferred to this year with the addition of more new music and extra concerts.

Concerts take place in Southwold Church, Blythburgh Church, and the Red House in Aldeburgh, as well as a film screening at Southwold's Electric Picture Palace.

A distinguished list of performers includes tenor James Gilchrist, the Gildas String Quartet, the Rossetti Ensemble, the Meraki Duo, and Russian virtuoso pianist Alexander Karpeyev.

A particularly exciting prospect is a new piece by Elis Pehkonen, who lives in Theberton, commemorating the untimely death of Lieut. Joseph Kennedy (elder brother of JFK) in the skies over Blythburgh in 1944.

Southwold-based composer Nathan Williamson also wrote a new piece during last year's pandemic which will be performed for the first time at the festival.

The programme as a whole is extremely eclectic, including iconic classical works by Haydn, Dvorak and Brahms and a range of 20th century music. *A number of women composers, previously often neglected, are featured in a special song recital by James Gilchrist. Instrumental combinations range from flute and guitar duo, to string quartet, to an ensemble of multiple pianos and percussion.*

The festival also continues its commitment to education and younger audiences by staging free concerts in local primary schools.

William Alwyn was a composer, conductor and Professor of music at the Royal Academy who lived in Blythburgh. This festival was established in his memory to promote his music, that of other British composers, and the education and support of young musicians.

For more information and bookings, visit our website www.alwynmusicfestival.co.uk where you can also sign up to our mailing list.

WI News

MIDDLETON

After fifteen months of monthly Zoom meetings, our June get-together was a gathering on the Middleton Playing Field. It was a lovely summer's evening. What a pleasure it was to see people in person, especially those who could not make our Zoom meetings. We all had to bring our own chairs and refreshments (Covid-19 rules). It felt strange to not be able to serve a cup of tea but even so Lucy welcomed us all and we got down to the important business of socialising! Speakers and official business will be done another time.

Apart from the July Garden Party, we hope to resume future meetings back in the Village Hall if we are allowed. We are definitely looking forward to that. Speakers have been organised for our return to real meetings.

Lynne Venn

PEASENHALL & SIBTON

Just briefly: if circumstances allow, Peasehall & Sibton WI is hoping to resume meetings at Peasehall Village Hall on 4th August; details to follow as soon as possible.

Wendy James

WESTLETON

It was a good feeling to have a proper meeting on the 29th July, even though we were still masked and distanced.

Laurence Frohn (Business Manager) and Lottie Fairs (Admin.) from Hill Farm Oils came to speak to us on the local producer at Heveningham of rapeseed oils. Since 2004 when Hill Farm Oils were launched they have developed a thriving business and now run sixteen presses to produce extra virgin cold pressed oils. They produce plain and flavoured oils and also delicious salad cream and mayonnaise.

We learnt that compared to olive oil, rapeseed oil has half the saturated fats and has a much higher natural Omega 3 content. It tolerates heat much better than olive oil, so you are also less likely to burn the roast potatoes!

As the farm keeps bees to enhance pollination they also sell the honey as a by-product. Waste products from their oils are used as pig feed or as biodegradable fuel, making the whole process very eco friendly.

A quiz at the end of the talk in identifying different types of oils by sight only, was fun and very informative. Best was that we all left with a little bottle of oil as a gift!

Their products are available in many of the local stores and farm shops, so look out for them!

We are looking forward to the next meeting as we are now, we hope, slowly getting back to the light.

Susanne Bennell

Darsham

All Saints' Church

Service details are shown on the church notice board.

Refreshments are now served after services and it is possible to enjoy a cuppa and a chat whilst maintaining social distancing.

The church will also be open daily for individual prayer.

Friday Prayers

These are held at 9.30 am in the church.

Reminder

When we had the first lockdown, you were able to take a hymn book and order of service home for your personal use. Now the church is open again, please can you return them to the church. Thank you.

John Millward

Pétanque

Lots of folk turned up this week to try out our new court. We will continue to have a pétanque evening every Tuesday, from 7.00 to 9.00pm for the rest of the summer. Everyone is welcome to come along; boules and tuition provided at a cost of £1 per person.

Katherine MacIntosh



DARSHAM VILLAGE DAY AND PICNIC

AUGUST 21ST

2.00 - 4.30PM ON THE VILLAGE GREEN

BRING YOUR OWN PICNIC AND CHAIRS

LOTS TO ENJOY:

BOULES, TABLE TENNIS, BOWLS, SKITTLES,
PRODUCE STALL, RAFFLE

MUSICAL ENTERTAINMENT FROM 3.00PM

DARSHAM VILLAGE HALL WHAT'S ON IN AUGUST

Sequence Dancing

Tuesday & Thursday, 1.00-5.00pm

Pilates – Thursday 9.30am

Yoga – Friday 10.30pm

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2nd (£50) Mrs W. Watkins

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the funeral was made
bearable knowing that
you were at the end of
the telephone."*

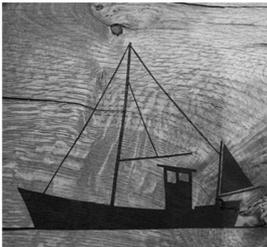
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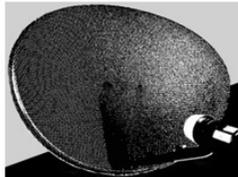
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Dunwich



St James Church Flowers of Hope Festival

July 31st, August 1st & 2nd 10am – 5pm

Cakes, teas, books and plants

(Please be aware we do not take cards, only cash).

FESTIVAL SERVICE 9.30AM SUNDAY 1ST AUGUST

Events at Dunwich in August

Dunwich Greyfriars has been awarded a grant by the Suffolk Coasts and Heaths AONB Sustainability Fund to run Summer events in partnership with Dunwich Museum and Art Branches, celebrating one of the only surviving relics of the lost Medieval City of Dunwich.

Magnifying Greyfriars: Tuesday 3rd August

Fun activity day looking for and recording patterns in the natural world with an artist. Suitable for ages 6-12. Cost £4 per child. Bring a packed lunch. Drop off, 10.30-2.30.

Family Archaeology: Saturday 14th August

Explore how archaeologists uncover the secrets of the past in our dig pits and handling collection, 6-12 year olds. Donations welcomed, 2.30-4.00.

Bells of Greyfriars: Saturday 21st August

Relive dramatic tales of Medieval times at Greyfriars and the Lost City. Suitable for adults and children. No need to book. Donations welcomed. 2.30-4.30.

Greyfriars flags: Thursday 26th August

Come and design and make your own flag to take home based on the rich history of Greyfriars Friary and guided by an artist. Suitable for ages 6-12. Cost £3 per child. Bring a packed lunch. Drop off, 10.30-2.30.

Bells of Dunwich: Saturday 28th August

Hunt for word treasures and create a Dunwich poem on a scroll. Hear the bells of Dunwich ringing! Suitable for ages 6-12. Donations welcomed. 11.00-12.30.

Dunwich Voices: Saturday 28th August

Poetry Evening with local poet Caroline Way. Explore the story of the Lost City in poetry and music. Reading Room field. Tickets £10. Starts 7.45, interval and drinks included.

Look for local advertising or call the museum for more family-friendly activities at the museum on Thursdays in August.

These events start at Dunwich Museum and the Reading Room.

Contact the museum for more details and to book. Ring **01728 648796** or email events@dunwichmuseum.org.uk, www.dunwichmuseum.org.uk

The museum is open daily 11.30-4.30. Drop in, free entry, donations invited.

Dunwich (cont.)

Katharine Riches, 1919 - 2021

Our thoughts and prayers are with the family of Katharine who passed away in hospital on 19th July aged 102. She will be greatly missed by all who knew her.

THE NATIONAL TRUST AT DUNWICH HEATH

Dunwich Heath has had a remarkably good year so far, all things considered! Nature has really taken advantage of the quieter visitor numbers and we've seen much more wildlife than in recent years. Of late, the nightjars have been churring away in good numbers, Nightingales have been heard, and the Dartford warblers have been spotted very regularly, which is good to see after the harsh snows earlier this year. In a little bit of extra good news, we were very fortunate to receive a generous donation from the Great Henham Steam Rally to help us create a new play area (see photo below). As you can see we have a fantastic new one as a result!

In other news, our children's activities are up and running again on a Sunday, so if you have small children in your life in some way then why not bring them down to get involved; then if they haven't used up all their energy have a go on the play area! Otherwise, you are always welcome just to wander around the heath and enjoy a bit of peace and quiet. Stay well, and we hope to see you soon!

Daniel Payne



Middleton

Middleton Open Gardens 2021

Saturday & Sunday 14th & 15th August

15 very different gardens + wheelbarrow gardens

11.00am – 5.00pm Adults £5

Post Code IP17 3NN

<http://middletoncumfordleywebsite.zohosites.com>

www.opengardens.co.uk

Fundraiser for Holy Trinity Church and supporting Suffolk Accident Rescue Service
reg charity 1168764

Contact Irene Ralph 01728 648622 ireneralph333@gmail.com

As you will read elsewhere, although Holy Trinity Church has been awarded a grant for essential stabilising construction work, the grant is finite. It is essential that funds generated through this year's Open Gardens event support this crucial work.



Middleton-cum-Fordley Village Fete

We are back – subject to any change in covid restrictions

Saturday August 28th

**Middleton Recreation Ground,
Fletchers Lane, IP17 3NZ**

Opens 2.00pm

Most of the usual stalls and games, BBQ,
teas, raffle, egg throwing and more

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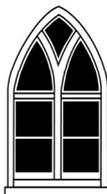
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Peasenhall & Sibton



RAISING AWARENESS OF PROSTATE CANCER

In the July Fisherman I gave advance notice of the four Norrington brothers' fund raising efforts supporting Prostate Cancer UK. We will be riding the 100 miles from Reading to Bristol along the route of the Kennet & Avon Canal and hope to raise at least £2000 for the charity as well as enhance awareness of the disease.

All four brothers have had a diagnosis of prostate cancer over the last few years and have undergone treatment. We are all thankfully in remission thanks to early diagnosis and effective interventions.

The ride takes place in late September but our fundraising starts now. We have set up a JustGiving page at <https://www.justgiving.com/fundraising/NorringtonBrothers> so please visit our story and if possible support our efforts with a donation.

As part of our efforts, an afternoon cream tea has been organised at Farthings, Sibton Road, Peasenhall on **Saturday, 28 August from 2.30pm**. All are welcome and although there will be no charge for the tea, we hope that anyone coming along will be generous with their donations to help with our fundraising for the charity. Thank you in advance for your support.

Chris Norrington

PLANT SALE IN METHODIST CHURCH

It was great to be able to hold our annual plant sale again this year. We were blessed with beautiful weather and overwhelmed with the number of visitors who stopped by for plants and to find out more about Nicky's Foundation. We raised almost £2,000, which is much needed to continue our work in the South West Region of Cameroon. Money raised from the sale will go towards supporting children with disabilities to receive life-changing corrective surgery, provide rehabilitation in rural communities, and also to equip a local mainstream school with necessary adaptations to support children with disabilities to learn alongside their peers.

We have been very active this year following the "We Ring the Bell Campaign" - a global initiative to raise awareness of inclusive education for all - and this

(continued overleaf)

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Peasehall & Sibton (cont.)



has led to us identifying more children who are currently not attending school simply due to their disability.

For example, Clovis, aged 12, was identified during the campaign as not being in school. Clovis has since been given crutches and physiotherapy sessions sponsored by Nicky's

Foundation so he could

gain strength and learn to walk to prepare him for school. Nicky's Foundation volunteers work with many families to support them in ensuring their children can access school and enjoy an environment suited to their needs.

www.nickysfoundation.com

Nicky Smith

Saving Peasehall Primary School Site

The school and site have lain in neglect for the past few years but now the prospect of development rears its ugly head, transforming the site and possibly knocking the school building down.

A group of Peasehall residents wants to try to rescue the site and ensure it is maintained as a community asset by setting up a Community Land Trust (CLT) which would put the development of the site in community hands, and functioning as a CLT it would attract Government and other green / lottery funding.

We need community support in numbers - please join the mailing list! - and some minimal funding to set up the legal charitable status as a CLT. We need more active supporters to join a 'board' to manage/supervise the project.

It is likely that any finished project would be a compromise between some low-level affordable/rentable housing for local people, and a greener asset offering the community a hub for activities, a function hall, and workshops, as well as a wooded area (like Yoxwood), a picnic and recreation area and possibly some allotments. Already a large Suffolk-based charity has expressed interest in using some of the schoolrooms to run courses for clients and staff.

If you would like more information, or to be added to the mailing list, please contact us. Perhaps you know old students and staff who might like to be involved. Perhaps you have landscaping or planning skills that would help us develop a realistic plan.

Email me at laurmoss@gmail.com

Laurence Moss

Sibton



Photo © British Museum Trustees

BENEFACTIVE HOLY COMMUNION AT SIBTON ABBEY

August 29th at 11.00am - by kind permission of the Levett-Scrivener family. Followed by a picnic (bring your own food and drinks to share). You are advised to bring something to sit on, or at least a rug. Signposts on the Yoxford Road will indicate the parking arrangements, which will be on

land near the abbey, with parking for the disabled close to the abbey ruin.

If the weather is wet the event will take place in Yoxford Church, as there is the August Bank Holiday Sale on at Sibton Church. **Andrew Campbell**

A MIGHTY 3-DAY SALE

will be held in Sibton Church over the August Bank Holiday: Books & Bric-a-brac – the first since 2019.

The sale begins on 28th and runs from 10.30am until 4.00pm each day, finishing on Bank Holiday Monday at 4.00pm.

Quality only second-hand books, clothes, bric-a-brac, etc. all individually priced. Refreshments available; free admission; ample parking on the Glebe Meadow at IP17 2LX. Proceeds to the Friends of St. Peter's, Reg. Charity No. 1063822 in aid of the repair of Sibton Church.

Theberton



MUSIC AT THE THEBERTON LION

Live music is back at the Theberton Lion Inn! The open mic session was held on the afternoon of Sunday 27th June (see photo on Page 5). A marquee was provided in the pub's spacious back garden, with plenty of room for musicians and audience alike. Seven musicians, all playing and singing in various styles, performed to great acclaim by the audience, and a lot of fun was had by all.

Landlord Tom would like to make it a summer monthly event, and although this event was the first of its kind, it was so successful that we hope it will run and run!

Nick Ward

ALPACA DAY AT MOAT FARM , IP16 4RS Sunday September 5th 2-5pm
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Theberton (cont.)



ANIMAL BLESSING SERVICE

Sunday 8th August at 11am

St Peter's Church, Theberton.

All creatures great and small are welcome. If you don't have a pet you are welcome as well.

The service will be in the churchyard if the weather is fine....in the church if it's raining.

Come and join us!

Tina Neal

Exhibition by Artists Against Sizewell C

The high-ceilinged well-lit Jubilee Hall, once the village school, transformed easily into an art gallery on Saturday 26th June. Chris Newson's extraordinary photograph *Elephant in the Waves* (sold) hung with fishing line from the roof struts, while Catherine Richardson's life-enhancing moment-in-time portrait of her daughter after a swim on Sizewell Beach stood on an easel as you entered the door. The colours were muted blue and golden with Fran Crowe's awe-inspiring record of the friable cliffs at Thorpeness from 2013 to 2021 and Harry Uwanogho's glorious print of kids running in a waist high field of wheat; the shorter they are, the further they disappear. The new link road between the A12 and the seaside runs here. Peter Etheridge's winning photograph of the Stop Sizewell C competition, depicting a lone shore branch on a vast beach with the dome in the distance, is called Now. (See photo on Page 5.)

Ruth Redgrave and team led walks round the proposed construction site, which starts two minutes away from the Eel's Foot with four-storey high accommodation for 2400 workers.

The show was a celebration and record of what we stand to lose: Shirleyanne Leslie's exquisitely detailed shingle with flora reminded me of the *Country Diary of an Edwardian Lady* and Hilary Ward's stunning ceramics made popular sales. Touchstones Earth made a brilliant photomontage of a Recipe for Change cook-up in Goose Hill using eggs, foraged wood, nettles and wild garlic - before Goose Hill becomes a car park for the builders of the C and D reactors.

Orange cotton SSC face masks sold like hot cakes and Paul and Catherine Richardson promised to wear theirs when they exhibit at the Chelsea Flower Show.

It's not too late to Stop Sizewell C. Please write to your MP.

Vanessa Raison.

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Westleton

NEW!

Yoga returns to Westleton Village Hall on Friday mornings from September. More details in the next issue. **Judie Shore 648460**



And for August (the 2nd to the 27th) , **Yoga on the Green** is returning - every morning from 9.00-10.00am.

Bring a mat or towel.

No charge but donations are welcome. **Jules Overton**

HEALTH WALKS

OneLife Suffolk helps local people live healthier lives. OneLife Suffolk's FREE Health Walks are led by trained volunteers all across the county. Walks are graded from 1 to 5 (indicated in brackets below) to suit ability. Forthcoming walks:

Mon. 2nd Aug, 10.30 - Dunwich, Greyfriars Woods & Dunwich Heath (5) 90min.

Tues. 17th Aug. 10.30 - A Walk on Westleton Common (2) 30min.

Wed. 1st Sept. 09.30 - Walking Westleton Heath (4) 75min.

Wed. 16th Sept. 10.30 A Walk on Westleton Common (2) 30 min.

Tues. 28th Sept. 10.30 - Dunwich, Greyfriars Woods & Dunwich Heath (5) 90 min.

Refreshments are available to purchase at Westleton Village Hall from 10-12 noon.

Booking is essential - full details at www.onelifesuffolk.co.uk

or call **01473 718193**. **The Westleton Walking for Health Group**

100 CLUB RESULTS FOR JUNE

First Prize £50 Draw Number 16 - Jean and Ivor Murrell

Second Prize, £25, Draw Number 281 - Sheena Robertson

Westleton Common

Nature Walk on the Common

Saturday August 7th, 10.30 - 12 noon

Meet near the main Common Notice Board,
at the top of Mill St, down a short track on the right.

All welcome - no booking necessary.

Juliet Bullimore



Westleton (cont.)



ST PETER'S CHURCH

The church has a new Facebook page, packed with interest! Do visit and "Like" and "Follow" us:

<https://www.facebook.com/westletonchurch>

WANTED

Volunteers to help plan social events for the coming months and next year's calendar at St Peter's Church.

We would love to hear your ideas for creativity, music, crafts and other new ventures. If you would like to join the Events Group please email:

secretarypccwestleton@gmail.com

Sharon Earp

Yoxford

Food bank donations

St Peter's Church is open every day from 7 am -5 pm and there is a blue basket just inside the door where you can leave donations for the Leiston Food Bank. They will be taken to Leiston every Friday. Many of you have been donating generously during lockdown and we are most grateful, but the need is still great, so let's keep a good supply going! Thank you.

Carole Lee

Outreach Post Office

The Outreach Post Office is open in Yoxford Village Hall every Monday and Wednesday from 9.30 am to 12 noon.

Meet Up Tuesday - all welcome

11am- 12am at the Village Hall Coffee and cake £1.50

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Contact Sheena 07973 864034 or Ann 07940 255928

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Barrie Davis

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SUFFOLK ACCIDENT RESCUE SERVICE



The specialist volunteers at Suffolk Accident Rescue Service (SARS) give their time to assist the East of England Ambulance Service at the scenes of serious incidents or trauma across Suffolk and its border areas - in the home or at the roadside. Since 1972, many thousands of patients have been treated by SARS volunteers and countless lives have been saved.

SARS members include anaesthetists, critical care paramedics and other clinicians with enhanced prehospital skills. SARS responders carry lifesaving equipment and drugs not normally found on frontline ambulances – they can undertake procedures and provide a level of patient care that would not normally be available outside the hospital environment. This can help save lives, reduce the chances of patients suffering permanent disability and provide relief from extreme pain. As clinicians live locally, it also means that they can be on scene before any other medical resources – a speed of response, which can be vital for time-critical patients.

So far in 2021 SARS has been mobilised over 280 times, attending more callouts in East Suffolk during the first six months of this year than in the whole of 2020.

SARS receives no central government funding and relies on fundraising to maintain its activity. Help is needed towards its running costs, equipment, drugs and training up new responders – as well as maintaining its fleet of vehicles. Here are a couple of ways you can support SARS without dipping further into your household budget:

- If you are shopping on Amazon, sign up to Amazon Smile; they will donate 0.5% of any net purchase price to SARS, easy and simple. <https://smile.amazon.co.uk/>
- Easyfundraising is another way to shop with over 4,000 retailers – the retailer makes a small donation to SARS. <https://www.easyfundraising.org.uk/>

Sign up to the SARS 999 Lottery? For as little as £1 a week you could win up to £25,000 while helping save local lives. To sign up please visit www.sars999.org.uk/lottery/ More information at www.sars999.org.uk/

Gina Saunders

Dennington Arts Summer Exhibition

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In 2019 'The State of Nature' report highlighted the plight of numerous species, flora, fauna and habitats in the UK. "On A Knife Edge" is a response by some of the UK's foremost lettering artists to this perilous condition. The title of the exhibition is also a nod to the precious heritage craft of hand letter cutting - a declining art form which the Lettering Arts Trust is dedicated to sustaining.



Several artists present works depicting endangered animals, plants and natural habitats, which as a compelling collection serves to illustrate the need to conserve our precious environment. This mixed media exhibition features stone carving, calligraphy, etching and woodcarving.

A beautiful, fully illustrated catalogue featuring the artists' details of their creative approaches, alongside essays from world renowned naturalists such as Sir David Attenborough, will accompany the exhibition.

Inspired by the theme of "On A Knife Edge", members of the Suffolk Poetry Society composed a number of poignant poems. These will be published in a booklet which will be available to purchase .

As part of its ambition to sustain the craft of hand letter cutting, the Lettering Arts Trust supports the training of the next generation of artists with journeyman opportunities. Current Journeyman George Edwards has selected a poem by Valerie Denton to carve in stone. This will be displayed within the exhibition.

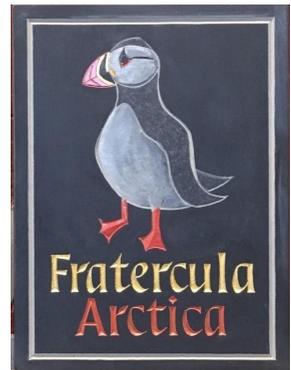
All of the works presented for "On A Knife Edge" are for sale, and further commissions can also be undertaken by these artists.

For further information please contact Lynne Alexander, curator, exhibitions and education manager

Email: Lynne@letteringartstrust.org.uk

Telephone: 01728 688393

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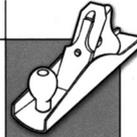
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