



# *The Yoxmere Fisherman*

JULY 2022



# CHURCH SERVICES FOR JULY 2022

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## Sunday 3rd July

10.00 Yoxford

## 3rd Sunday after Trinity

Holy Communion  
Benefice Service  
'Eco Church' - speaker Andy Jowitt  
from A Rocha UK.

## Sunday 10th

09.30 Theberton

09.30 Westleton

09.30 Yoxford

11.00 Darsham

11.00 Dunwich

11.00 Middleton

11.00 Peasehall

## 4th Sunday after Trinity

Taizé  
Informal Worship:  
Croissants@Church  
Holy Communion  
Morning Praise  
Holy Communion  
Morning Praise  
Morning Prayer (BCP)

## Sunday 17th

10.00 Sibton

Abbey

18.00 Darsham

## 5th Sunday after Trinity

Holy Communion -  
Benefice and  
family@church Service  
Evensong

## Sunday 24th

09.30 Theberton

09.30 Westleton

09.30 Yoxford

11.00 Dunwich

11.00 Middleton

11.00 Peasehall

18.00 Sibton

## 6th Sunday after Trinity

Holy Communion

Informal Worship

Morning Praise

Morning Praise

Holy Communion

Morning Worship -  
at the Methodist Chapel

Evensong

## Sunday 31st July

09.30 Theberton

10.00 Peasehall

11.00 Darsham

18.30 Westleton

## 7th Sunday after Trinity

Healing Service

Holy Communion

Benefice Service

Holy Communion

'Wildflower Festival'  
Prayer & Praise

## Sunday 7th August

10.00 Dunwich

## 8th Sunday after Trinity

Holy Communion -  
Benefice Service

## Every Wednesday

10.00 Westleton Holy Communion

**Note:** Holy Communion will follow the Common Worship order of service, except where BCP (The Book of Common Prayer) is indicated.

# LECTIONARY FOR JULY

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## 3rd July

Third Sunday after Trinity – Red

Thomas, Apostle

Habakkuk 2.1-4

Ephesians 2. 19-end

John 20.24-29

Luke 10. 25-37

Colossians 2. 6-15(16-19)

Luke 11. 1-13

## 17th July

Fifth Sunday after Trinity - Green

Amos 8. 1-12

Colossians 1. 15-28

Luke 10. 38-42

## 31st July

Seventh Sunday after Trinity -

Green

Hosea 11. 1-11

Colossians 3. 1-11

Luke 12. 13-21

## 10th July

Fourth Sunday after Trinity – Green

Amos 7. 7-17

Colossians 1. 1-14

## 24th July

Sixth Sunday after Trinity - Green

Hosea 1. 2-10

# RECTOR'S RAMBLINGS

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## Summer Holidays!

What was your best summer holiday ever? Do you have happy memories of holidays when you were a kid, or is it something more recent? At home or abroad? Who was with you? What made this one stand out? What are you looking for in a summer holiday? Is it sun, sea and sand; interesting places; kayaking up the Limpopo River? And were the summers warmer and longer and the sun brighter when you were young?



I don't do the beach holiday thing at all. I get bored. Sarah and I did do a package holiday to Egypt (BC - before children), but 20 minutes lying out in the sun got us both burned. The highlight of that holiday was a crazy trip to Petra in Jordan (do you remember the finale of Indiana Jones and the last Crusade? *That* place!). This was crazy because of the others on the bus, the overheard conversations, the young woman who got stuck in the bus loo and had a panic attack... Another ongoing highlight was the fact that Sarah could speak Arabic, and none of the many hotel staff had ever heard a white woman speak Arabic. Cue endless double takes and the minor celebrity of being every waiter's favourite couple.

When I was a kid my family had a few years of going to Scotland. The Highlands and the Hebrides. Dad and I climbed up Ben Nevis on one of these holidays. I was about 10 or 11, and it was exhausting but what a feeling...

What I *really* want from a holiday though is time to reconnect with the family, a change of perspective, and *simplicity*. Life is so complex. Holidays take you away from all the usual decisions into the simplicity of "*where shall we go today?*" and "*what shall we eat?*". They give us time enough to notice things. We may do some of our bucket list on holiday, but also, simplifying can take us back to just enjoying each other, having time and feeling grateful. And that, once in a while, is priceless.

**Blessings, Tim.**

# FROM THE REGISTERS - JULY 2022

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## BAPTISMS

On Sunday April 24th Elari Wood was baptised in St Michael's Church Peasenhall.

On Saturday May 21st Emeline Ava Jasmine Cook was baptised in All Saints' Church Darsham.

## WEDDINGS

On Saturday June 4th Shane Balaam was married to Claire Corcoran in St. Peter's Church, Yoxford.

On Saturday June 4th Sam Stabler was married to Kirsty Addy in All Saints' Church, Darsham.

On Saturday June 11th James Willingham was married to Laura Thompson in St. Michael's Church, Peasenhall.

On Saturday June 11th Neil Geach was married to Ellen Shailes in St. James Church, Dunwich.

## FUNERALS

Edward Albert John Baker: on Monday 30th May 2022, aged 93 years. The funeral service took place at Holy Trinity Church Middleton, followed by burial with his late wife Vivian Baker in the Churchyard.

## THE SUFFOLK HISTORIC CHURCHES TRUST RIDE & STRIDE

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The Suffolk Historic Churches Trust Ride & Stride takes place this year on **Saturday 10th September** between **9am and 5pm**

THANK YOU for the magnificent sum raised by your area last year!! Again, more than any other area in Suffolk!!

Please contact your local organiser for an orange Sponsorship form and list of participating churches and chapels. Grateful if you would encourage your sponsors to Gift Aid their generosity, following the guidance provided on the orange form.

**Local organisers** in our benefice:

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Dunwich Church, Leper chapel & Monastery ruins – Joan Godfrey - 01728 648270;  
Middleton Church – David Burgess – 07795 292885;  
Peasenhall Church, Michael Thickitt - 01728 660549;  
Peasenhall Methodist Chapel – Christine Cole - 01728 660075;  
Sibton Church – Jan Belton – 01728 660111;  
Theberton Church – Julia Brown – 01728 830237;  
Westleton Church – David Blencowe – 01728 648566;  
Yoxford Church – Rupert Hannen – 01728 668856  
Enjoy your day, whether cycling, using an electric bicycle or walking but please, keep safe.

**Rupert Hannen, Area Organiser**

[hannen@yoxford.plus.com](mailto:hannen@yoxford.plus.com)

## THE YOXMERE FISHERMAN INFORMATION FOR CONTRIBUTORS

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The *Yoxmere Fisherman* is published for the Yoxmere Benefice, which comprises the Church of England parishes of Darsham, Dunwich, Middleton, Peasenhall, Sibton, Theberton, Westleton and Yoxford. More information at [www.achurchnearyou.com](http://www.achurchnearyou.com)

**SUBMISSIONS** should be sent by the 14th of the preceding month, and preferably by email to [lou@tidecollection.com](mailto:lou@tidecollection.com). Please send Word documents and JPEGs, OR **PDFs**.

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### VIRTUAL FISHERMAN

The current edition and a few months of previous issues can be found at <http://westleton.onesuffolk.net/church/yoxmere-fisherman/>

You can also find the benefice on Facebook at: <https://www.facebook.com/Saxmundhamdeanery>



*Winner of the Jubilee Plaque for the best decorated house in Peasenhall; decorations by Joanna Saunders*



*Torch Relay in Yoxford's Jubilee celebrations, with Allison Hackwell as the torch bearer*



*Revd Tim leads the singing in the first of a new Praise and Worship service in Westleton*

## THREE IN ONE – PUZZLE OR MYSTERY?

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We all know that in the Christian Faith, God is held to be Three and yet One; One and yet Three. We call this “The Holy Trinity”. What are we to make of it? How are we to understand it? Theologians tell us that it is a mystery. In common parlance, a mystery is a kind of puzzle, something to be solved - as in a detective story. Once solved, the mystery vanishes. It is a mystery no longer. When we are talking about God, it is different. “Mystery” is a technical term. It is not something to be solved. Indeed, a mystery can never be fully understood. It remains a mystery. It can only be contemplated.

However, since we humans are creatures endowed with minds which reason, it is inevitable that we seek some understanding so that we can approach the mystery - in this case, the mystery of the Trinity. We know that the One God has revealed himself in three ways: as the Father who created the universe and sustains it, the Son who came as Jesus of Nazareth, died and rose again, and the Holy Spirit whom the Father and Son send to be in our hearts to strengthen and guide us. That is reasonably clear. But the Church has always gone further than this. It has proclaimed and continues to proclaim that the One God is Father, Son and Holy Spirit in himself – that God is both three and one eternally.

The Church has taught this because it is the only way to make sense of God’s revelation and of Christian experience. But how are we to begin to get our minds around this? I offer the following, which I have found helpful, as a possible way of approaching the Trinity in the hope that it may be of help to you who are reading this article.

Each one of us has a fundamental fear. It is the fear of being alone, being isolated, not counting. We are hard-wired for relationship. And by relationship, I mean not just a sexual relationship, but the relationships of family and of friendship as well. We long for union, a perfect union: to belong to someone and be perfectly loved and cherished for our own sake. Yet we are weak and sinful. We are so easily possessive of someone we love.

We are so readily given to jealousy. We all too easily think and act as if we ourselves were the centre of things and that others exist for our sake. All of which damages, if not destroys, the relationship! However, no human relationship, however, “perfect” can ever quite meet our need and quell our fundamental fear. Ultimately, only God can meet our need. Recall St Augustine’s prayer: “O God, you have made us for yourself and we are

restless till we find our rest in you.”

But: “Good News!” God is Father, Son and Holy Spirit. He is love and love necessarily implies relationship.. This means that relationship is at the heart of reality. And we are made to share in that relationship: in a perfect relationship with one another in him, in his kingdom. Meanwhile, we are never alone, for we have Jesus’ promise: “Lo, I am with always, to the end of time.” We belong to him and can begin to share in his life with the Father and the Spirit here and now. We can know that we are loved unconditionally and, through loving him in return, we are loving God. We are in touch with that relationship at the heart of things: “the love that moves the sun and other stars.”

Each one of us has a fundamental fear. It is the fear of being lost, of losing our identity by being absorbed in some way. Much of our energy in life is channelled into trying to avoid this. Some of us withdraw into ourselves; some of us construct a hard shell like a turtle’s carapace, clearly marked “Keep away!” Others of us are very reluctant to commit ourselves, lest we lose our individuality. (“I simply haven’t the time!” might be genuine. On the other hand it might mean “I’m afraid of getting involved in case my life is no longer my own and I lose myself.”)

But: “Good News!” God is Father, Son and Holy Spirit. One God, but without each losing his identity. Although Father and Son are one, nonetheless, the Father is not the Son, nor the Son the Father. Although the Spirit derives from the Father and also comes through the Son, he is not the Father, nor is he the Son. One God, but eternally three persons in the one God. Here is relationship without being absorbed. And it lies at the very heart of things. So we need have no fear, for this is the guarantee that we remain ourselves for ever - or, more accurately, we for the first time become completely ourselves and go on becoming more so as, together, our relationship with the Triune God becomes ever more profound as we contemplate the mystery and exult in his inexhaustible riches.

John Kemp

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# SAXMUNDHAM LIBRARY

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Here's the latest news and activities for Saxmundham Library:

- **HOME LIBRARY VOLUNTEER (HLS) MEETING** Monday 4th July at 10am. If you are already registered as an HLS volunteer or you are interested in becoming one and would like to know more, please come along.
- **FRIENDS OF SAXMUNDHAM LIBRARY MEETING** Friday 1st July at 2pm. If you are already a volunteer Friend, or would like to know more and are interested in getting involved, supporting the group and Saxmundham Library, please come along.
- **CITIZENS ADVICE Drop-in Sessions** EVERY Wednesday in the library 10-12.
- **EAST SUFFOLK COUNCIL Drop-in sessions** EVERY Wednesday in the library 10-4. Call in for help with Council Tax, Benefits, Environment, Housing, Leisure, Planning, Waste etc.
- **MEETING ROOM HIRE** - We have a meeting room to hire that will seat 10-12 people. £8 per hour for community, charity or private bookings, or £12 per hour for commercial and statutory bookings.
- **FAMILY HISTORY** Sessions second Tuesday of each month, 2.30pm - 4.30pm. Volunteer Jane Evans is experienced in Family History research and happy to help you learn how to find those hard-to-find family details and DNA testing.
- **BRING YOUR OWN ART & CRAFT** each Wednesday 10-12. £1 per person per week and donations for refreshments. \*NO Sessions 27th July - 31st August.
- **NHS HEARING & MAINTENANCE SERVICE** in the library on third Wednesday of each month 1.30pm-3.30pm. Please pre book your moulded hearing aid repair 01473 286060. Batteries, open fit tubing and domes etc., without an appointment.
- **FUN DRAWING SESSIONS** for ages 4 – 14. Wednesday 22nd & 29th June and 6th, 13th & 20th July, 3.30pm – 5.15pm at Saxmundham Library. Sessions and materials provided by Saxmundham Art Station. FREE sessions - donations appreciated.
- **SAX WRITING GROUP** Creative writing group, every fortnight for all abilities & genres. Wednesday **22<sup>nd</sup> JUNE, 6<sup>th</sup> & 20<sup>th</sup> JULY** 1pm-2.30pm, bring a pen and paper.
- **THE FRIDAY READERS BOOK GROUP** last Friday of each month. Currently reading 'Unsettled Ground' by Claire Fuller. A friendly group, just turn up.
- **BABY BOUNCE/TOT ROCK** Tuesday & Friday 9.30am-10am. Free sessions for parent/carer and baby/toddler with gentle songs and rhymes. \*NO Sessions during school holidays.
- **TOPTIME** Every Thursday 10–12 (talks start at 10.15am). A session for adults to chat over coffee and enjoy a different activity each week, £1 per person. Talks, Authors, Crafts, Games & so much more.

Do YOU have any stories or feedback about Saxmundham Library or Suffolk Libraries that you would like to email us? On 1<sup>st</sup> August, we will be celebrating ten years of Suffolk Libraries and we would love to hear how the library has helped you, what you enjoy or any comments that we can collect.

Many thanks  
Liz (my pronouns are she/her)

*My working days are Tues & Wednesday afternoon, Friday morning & alternate Saturday morning*

Liz Gleave  
Saxmundham Library Manager  
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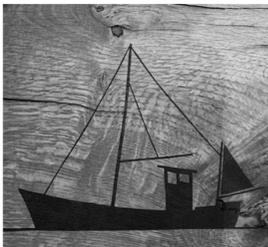
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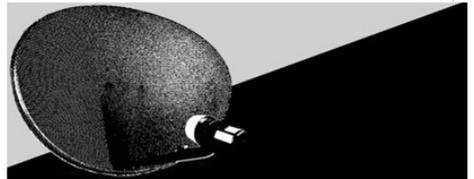
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**Wave of Prayer**

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Contact Sue Norrington 660280 or Jennifer Clough 648597  
for more information

## DARSHAM

### ALL SAINTS' CHURCH

#### ALL SAINTS' CHURCH

Service details are shown on the church notice board. Refreshments are served after services, and we can enjoy coffee and a chat. The church

will also be open daily for individual prayer.

#### FRIDAY PRAYERS

These are held at 9.30 in the church.

### CHURCHYARD TIDY

#### HELP PLEASE

The churchyard has been allowed to grow wild and natural this Spring. It has been a haven for the insects and wildlife, particularly the bees. It will shortly be time to cut and rake the area and we are asking for as many volunteers as possible armed with string trimmers, brush cutters and rakes to join us on Friday 29<sup>th</sup> July from 10.30 to cut and tidy our lovely churchyard.

Refreshments and a cheese and pickle lunch will be provided.  
For further information call Roger 667037.

#### TEA AND CAKES

We have decided to end the afternoon teas in the Church Community Area as the attendance has fallen to single figures and with so many other village activities we felt that they had run their

course. Thank you to all who helped over the years.

#### John Millward



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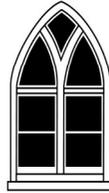
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# DARSHAM

## DARSHAM PARISH COUNCIL

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### DARSHAM PC REPORT

The monthly parish council meeting was held on the evening of the 14th of June, chaired by the vice-chairman Jasmine Backhouse. It was agreed by all councillors that the Platinum Jubilee afternoon tea party had been a great success with over 220 people attending and many thanks are due to all the volunteer helpers and also to the staff at the Fox Inn. A collection at the event raised the sum of £617 for the Red Cross Disasters Emergency Committee.

A Teddy Bears' picnic is to be held at

the village orchard on 2nd July at 2pm, everyone is welcome.

The Darsham village summer fete will be held on the village green on the 6th August.

The next meeting of the Parish Council will be held at 6:30pm on the 12th July at the village hall where there will be a presentation by Andy Mower, senior community relations manager for EDF at Sizewell. Anyone interested is welcome to attend.

**Jasmine Backhouse**

## DARSHAM VILLAGE HALL WHAT'S ON JULY 2022

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### EVENTS & MEETINGS

**9TH JULY** - Coffee Morning hosted by Parish Council, 10am - 11.30am

**12TH JULY** - Parish Council Meeting, 6.30pm

**SATURDAY 16TH JULY** - Horticultural Show - contact Heather Shipp on 01728 668251 for schedules & information

**PÉTANQUE CLUB** – Tuesdays, 7 to 9pm - all welcome

**SEQUENCE DANCING** - Tuesday & Thursday afternoons from 1pm (contact Carol Gardiner 01986 784642)

**PILATES** – Thursdays, 9.30 to 10.30am (contact Maria 07999 848655)

**SEATED EXERCISE** – Thursdays, 11am to 12noon (contact Maria 07999 848655)

**TABLE TENNIS** – Thursdays, 7 to 9pm (contact Alan Holland on 01728 668451)

**YOGA** – Fridays, 10.30 to 11.30am (contact Debbie Fogg 07906 346545)

# DARSHAM

## VILLAGE HALL UPDATE

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The village hall committee wanted to share an update about the items we are currently working on.

We've obtained quotes for sound proofing panels to improve the acoustics at the Hall and are now in discussions regarding installation.

We've also looked at the costs involved with sourcing a new shed, plus base, which will replace the old metal one now no longer with us.

Similarly, we've worked through estimates for the fencing at The Street side (near the Petanque court) and this will be taken forward once the land near the ditch is cleared and levelled. In addition a pedestrian/disabled access gate and path will be installed soon too. Once this is completed the 'garden' area can be finished.

The area towards the Cheyney Green houses is where the children's playground is to be situated according to the original site plans. We are looking for any volunteers who would like to join a small working party to help progress

this one. It's very early days and the working party will need to consider such subjects as planning, financial matters including grant submissions, clearance of the land, due diligence of potential suppliers, ongoing responsibilities i.e. maintenance, insurance etc etc.

Please send an email to [info@darshamvillagehall.net](mailto:info@darshamvillagehall.net) if you would like to get involved or talk to any of the committee - this subject really needs help from the village.

As ever we appreciate the time and enthusiasm we receive as a committee - it's great to see so many of you supporting the activities at the Hall.

We would really welcome any comments or feedback re the above or if you have any suggestions for future use of the Hall - please feel free to email [info@darshamvillagehall.net](mailto:info@darshamvillagehall.net). Or indeed have a chat with any of the Hall committee.

**Thank you from DVHMC**

# DUNWICH

## **St James Church, Dunwich Flower Festival**

"Happy and Glorious"

August 6th, 7th and 8th, 10am-5pm

Cakes, teas, books and plants

Festival service 9.30am, Sunday 7th August

We welcome all help to make this weekend a success, please phone 01728648890.

Please be aware we do not take cards, only cash

# DUNWICH

## THE BALLAD OF SHINGLE STREET AND OTHER POEMS

---

Dunwich Reading Room on July 9th @ 7.30pm

Tickets £10 at the Museum or on the door

This performance features Blake Morrison reading from his collection *Shingle Street*, accompanied by original music by The Hosepipe Band.

BLAKE MORRISON is a poet and novelist probably best known for his memoir, *'And When Did You Last See Your Father?'* His poetry collection *Shingle Street*, which features aspects of the East Anglian coastline, was the inspiration for this project.

THE HOSEPIPE BAND performs throughout East

Anglia, playing traditional and composed music on an unusual array of instruments including dulcimer, bagpipes, upright bass and concertina. They play for dances and concerts including spoken word projects with poets Martin Newell and Blake Morrison.

You can find out more about this project and listen to samples of poetry and music here: <https://www.hosepipeband.co.uk/blake-morrison/>

For further details and tickets, contact Dunwich Museum 01728 648796

[manager@dunwichmuseum.org.uk](mailto:manager@dunwichmuseum.org.uk)

## DUNWICH HEATH

---

July is traditionally a quieter month for us here on the heath, as families gear up for the summer holidays and reading a good book in the sunshine seems more appealing than a long walk! That being said it's great to see people bringing their books with them and finding a nice view on the heath to read from, or bringing their binoculars for a bit of bird spotting now the feathered wildlife has got fledglings to raise.

Our programme of activities and events mirrors that, with most taking place toward the end of the month as the summer holidays start. However, two not to miss are the Turbulence to Tranquility walking tour on the 2nd July, and the Nightjar walk on the 20th. The former is a three hour delve into the fascinating history of the site, full of wrecks, coastguards, disaster and derring-do. The latter is a wander around the heath at twilight with our ranger, looking out for the quirky

Nightjar. Both are bookable through our website, and are sure to sell out quickly, so make sure you get in soon!

In other news, you may notice when you next visit that the area in front of the visitor hut has been covered with matting. This is to prevent the sandy soil beneath slipping away, or on windy days blowing in the faces of our visitor welcome team, much to their relief! The grass has already started to pop through, but it will be interesting to see what comes up as well given the sub-base is soil taken from one of the heath scrapes. Watch this space..."

### **Daniel Payne**

Visitor Experience Officer  
National Trust, Dunwich Heath,  
Coastguard Cottages, IP17 3DJ

# MIDDLETON

## MIDDLETON OPEN GARDENS

This year's Middleton-cum-Fordley Open Gardens Weekend was held on the 4th and 5th June 2022. The country was celebrating the Queen's Jubilee and so the children from Middleton Primary school used their artistic creativity to produce pictures and crowns in keeping with this. Many folk popped into the Church to see the beautifully painted crowns sitting alongside the floral arrangements by the Middleton ladies, while celebratory paintings were displayed throughout church.

The 14 open gardens were lovingly presented, displaying the variety of styles that had been brought into existence by the many different passions of our villagers. On show this year, there was a wild meadow garden, garden restoration projects, a colourful courtyard, and every variation between formal and informal, with so many flowers in full bloom, and even some amazing shepherds' huts. This, together with some delicious cakes from the Pavilion, and cream teas from the Village hall, added to the experience and enjoyment of a good day out.

Although the weather was not as kind to us as last year, we still raised nearly £3,000; with 20% of this going to this year's selected charity, the Blossom appeal and the remainder to the upkeep of the Holy Trinity church. The success of this event is due to the strong efforts and commitment of the gardeners and the villagers, both those up front and those behind the scenes; you are greatly appreciated and we cannot thank you enough. With the smaller numbers of people attending, it was great to see so

many conversations going on, as many were quizzed on the finer details of their gardens. Several visitors heard about the weekend through the National Garden Scheme, and came from across East Anglia to visit our village, and they told us they were amazed at what they found.

Gardeners do not grow flowers, they create the environment in which flowers grow; and so it is true of our village communities. Thank you to all those who help to create the event, but also to those who attend and make it flourish.

### **Christine Burgess**

Open Gardens' Coordinator



# MIDDLETON

## MIDDLETON WI NEWS

---

At our May meeting we welcomed Jeremy Thickett, master butcher from Clarke's and his assistant Rachel Thompson.

They arrived with a cutting board, knives, saw, scales and a whole lamb carcass. We sat there fascinated as he turned the carcass into recognisable cuts of lamb: rack of lamb, chops, breast, fillet, shoulder, kidneys, shank, rump and boned rolled leg. The small rack chops, the fillet and the kidneys were cut up so that Rachel could sauté them in the kitchen.

A wonderful aroma soon filled the hall and we were treated to a taste of the lamb-delicious! As Jeremy worked, he told us that he is originally from Peasenhall. His father bought the butcher's shop there so when Jeremy left school at 15, his father having failed to get his 2 older sons into the business, let Jeremy try his hand at butchery. He loved it!

When in 1982 the abattoir and shop came up, he went for it and moved there.

The family ran them till 1990 when new government regulations came in, making it too expensive to operate the abattoir. The shop was flourishing so the butchery side continued. The abattoir is now on the other side of Norwich.

The butcher's continued to expand and a few years later he bought and moved to Emmerdale Farm, Darsham where he now breeds cattle and the Farm Shop sells all meats and groceries.

When Jeremy finished his demonstration we were given the opportunity to buy the cuts of lamb. We eagerly purchased everything! We thanked Jeremy and Rachel for an educational and very entertaining hour.

Our next meeting will be our Garden Party on the Middleton Playing Field. That is the 20th of July.

**Lynn Venn**

## PILATES

---

Body Control Pilates teacher Victoria Hayden is running a Beginners' Pilates Taster Session on Monday 18th July at 4pm at Middleton Village Hall and everyone who attends will have the option to join a new beginners' weekly class starting in September on Fridays at 10.45am at Middleton Village Hall.

Victoria's website can be viewed at [www.victoriahaydenpilates.co.uk](http://www.victoriahaydenpilates.co.uk)

[victoriahaydenpilates.co.uk](http://victoriahaydenpilates.co.uk) and she can be contacted on 07713277176 or email : [victoriahaydenpilates@gmail.com](mailto:victoriahaydenpilates@gmail.com).

Booking is essential as places are limited.

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# PEASENHALL & SIBTON

## TWO VILLAGES YARD SALE AT PEASENHALL AND SIBTON

---

The joint event throughout Peasehall and Sibton is being held on 29th August, 11 am - 5pm.

A Community Funding Event

Individual sales and stalls around the villages of bric-a-brac, jumble, art, plants, craft and produce.

Morning Coffee, sandwich bags, cakes & scones at Peasehall Village Hall

A Grand Raffle & Draw in aid of Ukraine at Peasehall Village hall

A sale at the Methodist Church

A sale at Peasehall Church

A 3 Day Book Sale at Sibton Church will be held over the weekend 27th – 29th  
10.30am – 4.00pm

Come along at any time, collect your map of sale and event locations from Peasehall Church, Sibton Church or Peasehall Village Hall, and proceed and purchase!

If you intend to be a stall holder, please contact Sue Norrington 660280 or Jan Belton 660111 by August 1st and give your address so that the sale map can be drawn.

## PEASENHALL & SIBTON SUMMER PARTY

---

On Saturday 9th July Peasehall Assembly Hall will be holding their summer party.

The wonderful Random Blues Company will be playing on the grass from 2pm - 5pm and the bar will be open. Admission is free so come and enjoy great music and the summer sunshine.

There will be shelter if the weather isn't kind and if anyone can help with erecting the marquee on Friday 9th July (3pmish) your help would be appreciated.

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## THE MEDIEVAL PAGEANT

---

### **Sibton Abbey ruins: July 17th 1.00pm - 6.00pm**

We can now announce the full line-up for the Medieval Pageant being held at the site of the Sibton Abbey Ruins by kind permission of the Levett-Scrivener Family. The day starts at 1.00pm and finishes at 6.00pm. Ticket holders will be free to come and go as they please. Earlier in the day, at 10.00am, the Benefice Service and Family@Church will be held on the Abbey Church site.

There will be lots to do and explore. Here's the list:

The Norfolk and Norwich Medieval Association will be there in full medieval costume, living the lives of those who would have lived around the abbey's walls. They will demonstrate medieval cookery; gruesome surgery; painting and manuscript colouring; the bow & arrow maker; the blacksmith; the pardoner; the minter who makes coins - and a working siege machine for those more interested in battles that might have been going on nearby.

On stage there will be performances by Rumburgh Morris Dancers; Folk & Early Music performances; readings, and to end the day a medieval mystery play 'The Conversion of St Paul' performed by Circle 67, directed by Peter Hamilton Dyer.

Judging of the medieval fancy dress competition for children will be at 2.30pm - and presentation of prizes of course!

There's fantastic food for all the family; Hog-

roast by 'Hogs and Ale', Pizza by 'Pomarola Pizza'.

Drinks: soft drinks, tea & coffee, beers and mead – a licensed bar by Ollie Pratt Events.

Guided tours to explore the abbey ruins will run throughout the afternoon. They'll show you the abbey plan and daily life in the abbey. You'll see the abbey's remaining ruins, and learn about its history; the architect in charge of conserving the abbey site will explain what has been happening in recent years; the family tour with give ideas for younger viewers to follow up.

Tickets:

Family Ticket; £20 (for a total of 4 tickets, at least two tickets for children aged 10-15yrs)

Adult Ticket; £10

Young person; £5 (10 – 15 years)

Child; free (under 10 years)

You can buy your tickets now at the Peasenhall General Store & Post Office, and at Weavers Tearoom. Tickets are also available on Eventbrite.uk. But hurry! The number of tickets is limited. It is very unlikely that tickets will be available on the day.

The pageant is organised by The Friends of St. Peter's Sibton (charity No. 1063822) celebrating the 25th anniversary of the Friends of St. Peter's Church, Sibton. Proceeds are in aid of maintenance and continuing repairs to Sibton church.

# SIBTON

## A CHARITY LUNCH AT SIBTON CHURCH

While the world looks towards other crises, people in rural south Asia find staying alive just as challenging; living somehow without even a patch of land or a well to support them.

The Friends of St Peter's Church, Sibton are hosting a three course Indian Lunch in Sibton

Church on August 8th at 1.00 for 1.15pm. organised by a Suffolk based charity where all funds raised go directly to help the poor in rural NE Bangladesh, who struggle to live at subsistence level without land or even a well with clean water. A video of their work will be shown during the event.



More details available on our Facebook page: <https://www.facebook.com/stpeterssibton/>

Tickets (£20 p.p.) will be available on the day, but please email [sibtonchurchfriends@gmail.com](mailto:sibtonchurchfriends@gmail.com) if you are intending to come, in order to help catering.

# THEBERTON

## ACTIVITIES

**Line Dancing** 2.30 to 4pm Tuesday in Theberton village hall. Come and enjoy an afternoon of fun and fitness. Phone Mary 07881420012 to get further details

**Carpet Bowls** on Thursday afternoon from 2 to 4pm  
Beginners welcome.

**Craft group** Friday morning from 10 to 12. Come and learn new skills, or bring your own crafty interest, while enjoying a chat over a cuppa.

# THEBERTON

## THE THEBERTON LIONESSES

Launched in February this year, The Theberton Lionesses are a group of ladies who meet once a month in the Theberton Lion for a social get-together and to plan fundraising events, mainly for two local charities, East Anglia's Children's Hospice and St Elizabeth Hospice. Eight of us are currently on the committee but we have numerous 'hidden treasures', ready to assist at any function.

Our vision is to promote and publicise the local hospice movement and encourage others to do the same. Our mission is to raise funds for the local hospice movement (having fun in the process!) and to build a reputation as a successful, fundraising team by producing great events.

Our logo was designed by committee member and local artist Sandra Pond.

Our first event is planned for **Saturday 23rd July from 6:30 at Theberton Jubilee Hall, Church Road, Theberton.** This will be a Fine Wine and Dine Evening with a seven course menu (gluten-free and vegetarian options available on request): the first glass of wine is included in the ticket price of £25.

We hope to have wines on sale from a local vineyard but there will definitely be a bar of some sort including soft drinks and of course there is a raffle with three hamper prizes. During the evening, representatives from the two hospices will give a talk about their charities, the fantastic work they do and why we have to raise funds. We will also have a short food quiz. There are 60 tickets for sale and this should be a great fun and tasty evening out with friends as well as raising much needed funds. Please call Suzi 01728 635736 for more details and to book tickets.



**The 40th  
Theberton & Eastbridge  
Flower and Produce Show**  
*Saturday 30th July 2022 at 2pm  
In The Jubilee Hall  
Theberton.*



Entries between  
8 & 10am  
Hall reopened at 2pm  
Exhibits remain till 3-30pm  
Presentation of awards & Raffle draw.  
Followed by Auction 4pm  
There will be Refreshments & a Raffle.  
***Entry forms in church and hall.***

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# WESTLETON

## PAUL PENGELLY

---

Thank you for all your kind wishes and support following the sudden death of my husband, Paul Pengelly on Saturday June 4th. The family and I have been much moved and comforted by your response.

Following a small family cremation in June, it would be lovely if all who knew Paul could join us in wishing him a fond farewell at

a celebration of his life, followed by light refreshments, in Westleton Village Hall. This will take place on 16th July at 2pm.

*To help with planning, if you would like to join us, (or have any other queries) please indicate by 10th July by sending a message with 'yes' in the title to: francescabartle@gmail.com*

## CELEBRATION SOUP AND PUD

---

I wish to express my sincere thanks to all involved in the Celebration Soup and Pud at Westleton.

John asked "How many people here can actually remember the Coronation on the black and white TV?" and nearly everyone in the room raised their hand! Reminiscing followed.

After we toasted the Queen we enjoyed a wonderful celebration lunch with mushroom and/or brown Windsor soup, different sandwiches and various puddings including my first taste of the new Platinum Jubilee trifle made by Caroline and paraded around the hall by Dilys (see picture). It was a warm, happy, friendly and enjoyable occasion, and to all who made it possible - the chefs and cooks, waiters and servers, organisers and punters - a huge big celebratory thank you!

**Linda Ginn**



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# WESTLETON

## 'PRAYER AND PRAISE' SERVICE IN WESTLETON.

---

Twenty-four of us from all over the Benefice met together to worship God in a more informal way in our first Prayer and Praise service.

Led by the Spirit we sang and prayed and Tim, despite his notes mysteriously disappearing till after the service, led us in God's word '*Wrestling with God*', challenging us to consider how Jacob struggled in his relationship with God, just as some of us occasionally find we struggle in our relationship with God. Our contemplative prayers were embellished by praise and enhanced by our musicians Nick and Tim on guitars, Trisha on piano, Isaac on cajon, with Philippa harmonising on whistle. Our singing was encouraged by Lesley, Judy, Sharon, and Kathryn who helped us

celebrate Jesus our Lord and our Saviour in choruses and hymns. And thanks to Judy and Sharon we completed the evening with refreshments. A great time of coming close to God in prayer and praise.

Don't miss our next 'Prayer and Praise', it will be a special celebration evening right after our Wildflower Festival **31st July at 6.30pm.**



**Prayer & Praise May 2022**

## WESTLETON WELLBEING WALKS

---

Our walks continue throughout the summer. Bring some water to drink, wear stout shoes and join us. Booking via [www.onelifesuffolk.co.uk](http://www.onelifesuffolk.co.uk) is advised.

**Wednesday 6th July 6:** Hogs Grove, 11am. A walk along wide forestry tracks and paths. Lasts approximately 90 mins.

**Tuesday 18th July:** Snape Reedbeds, 10.30am. A 1 hour stroll with views of Snape Maltings, through oak woodland and across Snape Warren.

**Tuesday 2nd August:** North of Westleton and across the Heath. A walk taking in varied scenery around the village. 75minutes

Parkinsons Ultra Challenge. Thank you so much to all the people who donated to my Just Giving page. I completed the 106k in 28hours and raised just over £1200. Many thanks for your support.

**Joyce Butenshaw**

# WESTLETON

## WESTLETON W.I.

I have often thought about what attracted me to join Westleton WI.

As a newcomer to Britain it certainly was a way to find my place in the village but I very quickly realised it was so much more. To be part of a group of women that is part of an even greater movement working for the issues that matter in society was certainly inspiring. We are one group but we speak with many voices.

Perhaps the time has come for you to take your

place alongside us. You would be so welcome - we would love to hear your stories.

We learn together and we laugh together. "And what about Jam and Jerusalem?" you ask..... only when we choose to!

Why not join us for the Garden Party in July or Serenity Yoga in September?

**Susanne Benell**



**St Peter's Church  
Westleton  
Wildflower Festival**

**&  
Westleton Village Hall  
Craft Fair**

**Sat 30<sup>th</sup> & Sun 31<sup>st</sup> July  
12noon to 5.30pm  
Free Entry: Donations welcome**

**Craft & Plant Stalls, Exhibition &  
Refreshments at the Hall**

**Moth Trapping Demonstration  
in the Churchyard**

The poster features several illustrations of wildflowers: a red poppy, a yellow buttercup, a blue cornflower, a red poppy, a blue cornflower, a yellow buttercup, a pink and white honeysuckle, and a yellow buttercup.



**theWI  
INSPIRING WOMEN**

Westleton Womens Institute

**Save the Date!**

**Jumble Sale**

Westleton Village Hall  
On  
Saturday 3<sup>rd</sup> September 2022

More details to follow..

The poster features the logo for 'theWI INSPIRING WOMEN' in the top right corner.

# WESTLETON

## WESTLETON VILLAGE HALL

---



Our next Film Night on Saturday 2nd July at 7.30pm will be the 2020 film comedy-drama The Duke.

Tickets are £5 each and are available in the Foyer, the Westleton Village Store and on the door. Refreshments will be available in the interval.

On Friday 15th July 10.30am - 2.30pm Lisa Manning will be in the Consultation Room with her wonderful ear wax removal clinic again! Please contact her to book: phone 07738 885858 or email [Lisa@suffolkearcare.co.uk](mailto:Lisa@suffolkearcare.co.uk) (see her webpage at [www.suffolkearcare.co.uk](http://www.suffolkearcare.co.uk))

We also have an excellent pet and human registered physiotherapist, Emma Strachan, in the Consultation Room fortnightly. For further information or to book please contact her on 07821 055404.

In July we also have footcare with Susan from No Bad Feet all day on Thursday 21st. To book please call her on 07497 371073.

On Monday 25th from 10am - 12noon Linda Freeman will be hairdressing in the Consultation Room. Contact her on 07765971774 to book.

At the end of the month (the last weekend of July) the wonderful Westleton Wild Flower Festival returns with a Craft Fair in the Village Hall - see the separate entry for more information.

We have many other groups and activities for people to join in with every day, and if you just want to relax and chat then you are very welcome to come to the Foyer weekdays 10am - 12noon for some light refreshments with our volunteers. Free board games for all ages and colouring materials are also available during this time. Everyone is very welcome.

To see our latest timetable of activities and events please see our website: [www.westletonvillagehall.co.uk](http://www.westletonvillagehall.co.uk) and do join us on Facebook and Instagram. You can also pick up a copy of the monthly What's On in the Foyer.

---

## 100 CLUB

### June winners

1st 153 - Tom and Catherine Ash

2nd 34 - Andrew Burtenshaw

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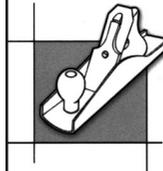
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# YOXFORD

## JUBILEE CELEBRATIONS

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Yoxford's Jubilee celebrations began with the torch relay. Alison Hackwell was our torch bearer, nominated for all her hard work fundraising for the village hall repairs. Our Meet Up Tuesday group had a Jubilee Tea the Tuesday before. The Church held its flower festival over the whole Jubilee weekend.

There was a concert in the church on Friday evening and a service on Sunday. The village joined together for a picnic lunch on Sunday. Although the live music

in Yoxwood had to be cancelled due to the prospect of bad weather, we were still able to enjoy a barbecue, pizzas and a Jubilee playlist at the village hall on Sunday evening.

And, if that wasn't enough, we managed to fit in a village wedding on Saturday afternoon. Congratulations and best wishes for a happy future together Claire and Shane!

### Paul Ashton



Meet Up Tuesday Group Jubilee



Yoxford Picnic Lunch

## YOXFORD VILLAGE HALL – WHAT'S ON

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Outreach Post Office –  
Mondays, 1.30am - 3.30pm

Meet Up Tuesday Group –  
Tuesdays, 11 am – 12 noon

Meet Up Lunch Group -  
last Tuesday of every month

Zumba with Ellen –  
Tuesdays, 7.15pm to 8.15pm

Outreach Post Office –  
Wednesdays, 9.30am – 12 noon

Youth Club for 11 – 18 year olds –  
Thursdays, 6pm to 8pm.

Parish Council -  
first Thursday of the month, 7pm to 9pm

Boules/Petanque Pistes - available for  
community use, no need to book.

Tennis Courts - to book, contact Laura  
Greenberg on 01728 668053.

Hall and Marquee Hire - to book, contact  
Hazel Wheeler on 07748 784909.

# YOXFORD

## THANK YOU

Many thanks to everyone who helped create the most wonderful Flower Festival at St Peter's Church. We raised a whopping £1326.10.

It was wonderful to be able to host a hugely successful concert with live music - thank you Abbot Consort. Plus a packed Songs of

Praise with all our favourite hymns chosen by the village. And a beautiful Flower Festival with thanks especially to our own village sculptor Laurence Edwards for lending one of his exceptional pieces.

Happy Yoxford Jubilee Days!

**Lynn Walford**

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# CHURCH CONTACT LIST

---

## RECTOR

Revd Tim Rogers  
The Rectory, The Street  
Darsham, Suffolk, IP17 3QA  
668951  
rector.yoxmereclergy@gmail.com

## ASSISTANT PRIESTS

Revd Susan Warne 668410  
Revd Christine Brooks 688972

## READER

Richard Newnham 648877

## LAY ELDERS

Roger Coates-Smith 667037  
Lesley Davies 561934  
Carole Lee 07849 849191  
Tina Neal 830237  
Michael Trovell 660218

## BENEFICE ADMINISTRATOR

Maureen Jolley  
maureen.yoxmereclergy@gmail.com

## METHODIST MINISTER

Revd Derek Grimshaw  
01473 805486

## ROMAN CATHOLIC PRIESTS

Mgr Tony Rogers 07778 221509  
Revd Christopher Smith 01502 723207

## CHURCHWARDENS

### DARSHAM

Shirley Field 668371  
John Millward 668712

### DUNWICH

Christine Palmer 648890

### MIDDLETON

Margaret Perrett 648141  
Rita Pateman 648377

### PEASENHALL

Michael Thickett 660549  
Michael Trovell 660218

### SIBTON

Jan Belton 660111

### THEBERTON

Nicholas Cooper 637736  
Simon Ilett 833364

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Jeremy Branch 648140

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John Sutherell 07766 146883  
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