

#### **CHURCH SERVICES FOR FEBRUARY 2023**

Sunday 5th		3rd Sunday before Lent	ore Lent Sunday 26th		1 st Sunday of Lent
10.00am	Peasenhall	Benefice service with	09.30am	Theberton	Holy Communion
		Holy Communion	09.30am	Westleton	Informal Worship
			09.30am	Yoxford	Morning Praise
Sunday 12	2th	2nd Sunday before Lent			
09.30am	Westleton	croissants@church -	11.00am	Darsham	Holy Communion
		Informal Worship	11.00am	Dunwich	Morning Praise
09.30am	Yoxford	Holy Communion	11.00am	Middleton	Holy Communion
			11.00am	Peasenhall	Morning Worship
11.00am	Darsham	Morning Praise			<ul> <li>with the Methodists</li> </ul>
11.00am	Dunwich	Holy Communion			
11.00am	Middleton	Morning Praise	15.30pm	Sibton	Evensong
11.00am	Peasenhall	Morning Prayer - BCP			
11.00am	Theberton	'A big thank you' - with coffee and croissants	MARCH 2023 Sunday 5th		
Sunday 19	9th	Sunday before Lent		Theberton	Benefice service - wi
09.00am	Yoxford	Breakfast -			Holy Communion
		09.30 family@church			•
		,	Every Wednesday – unless stated		
09.30am	Theberton	Morning Praise	10.00am	Westleton	Holy Communion
09.30am	Westleton	Holy Communion			•
11.00am	Dunwich	Morning Worship			
11.00am	Middleton	Morning Praise			
11.00am	Peasenhall	Holy Communion – BCP	1000		
		•		Ach W	Vednesday
15.30pm	Darsham	Evensong	— Lent Begins		
Wednesd	ay 22nd	Ash Wednesday	I	4,	
10.00am	Westleton	Benefice			
		Holy Communion			
		& Ashing			

Thanks to Angela Abell for the cover photo showing snowdrops in Greyfriars Wood, Dunwich

#### LECTIONARY FOR FEBRUARY

5th February
3rd before Lent – Green
Isaiah 58. 1-9a
1 Corinthians 2. 1-12
Matthew 5. 13-20

12th February
2nd before Lent – Green
Genesis 1.1-2.3
Romans 8.18-25
Matthew 6.25-34

19th February

Sunday before Lent - Green

Exodus 24. 12-18 2 Peter 1 16-21 Matthew 17. 1-9

26th February

Lent 1 - Purple

Genesis 2.15-17; 3.1-7 Romans 5. 12-19 Mathew 4. 1-11

#### **RECTOR'S RAMBLINGS**

#### Prayer

Prayer is one of those distinctive things about having a religious faith. I've known people go to church regularly who didn't have faith. Endless people read the Bible without faith. But prayer without faith is rarer. There has to be some faith for you to be talking to an invisible God!



'Prayer' can cover a wide range of meeting with God, though. There is intercession - e.g. 'Please help my friend'.

There is thanksgiving - 'Thank you for the good things that happened today!' There is confession - saying sorry - because we haven't matched up to God's standards. Church services are often called things like Morning Prayer. All the activities of such a service are part of prayer. But there is much more that could be considered prayer. Plenty of Christians use prayer beads or a rosary, and short, repeated prayers. Others use a sort of openhearted silence as a form of meditation, a stillness in God's presence.

Prayer for healing is a huge part of what Jesus did in the Bible, and is probably a significant part of what Christians pray for when they pray. Studies have been done - double or triple blind - in which groups of hospital patients have been prayed for and have apparently been more likely to get better, or to do so faster. I have also heard dozens of individual stories of healing - I might tell you about my vicar of seven years ago who went to a Christian conference. At one point attendees were asked to get into pairs to pray for each other, and, despite deep skepticism about healing prayer, she received prayer for her chronic back pain... A little later she noticed that she had greater freedom in her spine and the pain was gone.

Prayer is not necessarily easy. I don't find it easy. Sometimes I just don't want to talk to God! And being honest with God can be hard, too! And yet - at the heart of Christianity is a sense of a deep privilege. We believe in a loving God, who wants our friendship. Prayer is how we build that friendship.

Because prayer is so important we will be running a Lent course on prayer, to learn about, talk about, and encourage each other in this practice. It will be based on Prayer by Richard Foster. Darsham Village Hall, 2pm on 27th February and subsequent Mondays for six weeks and 7.45pm each Monday on Zoom (contact me for the link) for those who can't make it in person earlier in the day, or who prefer this medium.

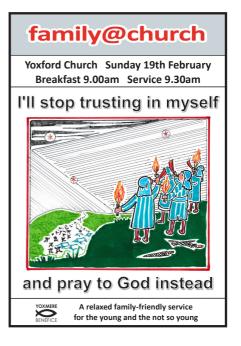
# FROM THE REGISTERS NOVEMBER/DECEMBER 2022

#### **Funerals**

**Herbert George Thomas Allard** 

(known as Bob); aged 89 years. On Monday, 28th November 2022. A committal in the churchyard of Holy Trinity Church Middleton was followed by a thanksgiving service in the church.

Margaret Elizabeth White; aged 86 years. On Tuesday, 29th November 2022. The funeral took place in St. Peter's Church Theberton, followed by burial in the churchyard.



### THE YOXMERE FISHERMAN INFORMATION FOR CONTRIBUTORS

The Yoxmere Fisherman is published for the Yoxmere Benefice, which comprises the Church of England parishes of Darsham, Dunwich, Middleton, Peasenhall, Sibton, Theberton, Westleton and Yoxford. More information at www.achurchnearyou.com.

**Submissions** should be sent by the 14th of the preceding month, and preferably by email to yoxmerefisherman@gmail.com. Please send Word documents and JPEGs or PDEs

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#### VIRTUAL FISHERMAN

The current edition and a few months of previous issues can be found at <a href="http://westleton.onesuffolk.net/church/yoxmere-fisherman/">http://westleton.onesuffolk.net/church/yoxmere-fisherman/</a>

You can also find the benefice on Facebook at: https://www.facebook.com/ Saxmundhamdeanery









#### FISHERMAN THEOLOGY CORNER...



#### Reading the Bible.

The Bible is at the centre of the Christian faith. It is our first source to answer 'Who is God?', 'What is the story of God?', 'Who is Jesus?' and 'How does this affect me?'. We read it every Sunday in church, and many Christians read it every day as part of their walk with God.

It is not, however, an easy book to read. At times it can be perplexing, confusing, angering. But we still claim that it is inspired by God. How do we make

sense of this book? How do we read it in the way that it was intended to be read?

The first observation to make is that the most recent parts of it to be written go back as far as the 90s AD. That's over 1900 years ago, in a different time and a very different culture. Sometimes, because we use contemporary translations, the modernness of the language can hide from us quite how different the culture was when the Bible was written, and fail to remind us whom it was written for. This is important. The writers (even of the New Testament) had a predominantly Jewish background (which requires us to understand their background before we confidently claim an understanding), and the wider political landscape includes rule by the Romans, the Greeks before them, and the Babylonians before that. The history matters to our understanding.

Secondly and crucially, the Bible is a small library of different writings in different styles which was put together later. The readers of these writings understood the different styles, or genres, and how to approach them - i.e. how to read them right. We do this with modern writing, but we find it harder with Biblical writing. For example, if you pick up the first Harry Potter book, even if you didn't know anything about it you would understand from the first page that it was children's fiction and that there was magic in it. You would never mistake it for being the same sort of book as War and Peace, much less Karl Barth's Church Dogmatics.

This matters a lot to how we read the Bible. Within one book we find writings that seek to tell us about the history of God's people, warts and all. These history

writers do not necessarily approve of the people they are writing about. Read the book of Judges carefully and you will find that Samson's actions are not approved of. He was not the hero of faith we readily assume him to be, despite his receiving power from God. This is difficult!

Even more difficult is that much of the Old Testament is written as poetry. It doesn't rhyme or have meter but it is poetry and is meant to be read as such, because it contains vivid metaphors, allusions and often a heightened or hyperbolic reality. What we mustn't do is read the poetry literally, as if it were fact. We must read it the way it was intended, just as we might read 'I have a dagger in my heart' to be a strong emotional cry, and not a statement of fact.

We also need to deal with apparent contradiction. Some books imply different events to others, and different perspectives. In the 10th century BC, Ruth encouraged the Israelites to respect and welcome people from other nations because David's great-grandmother was from Moab. Esther, written centuries later, responds to the events of the time with much greater caution. Kings and Chronicles record the same events but with contrasting perspectives of cynicism and optimism respectively. Kings even deliberately gets the name of a king wrong, by way of insult!

After that we may wonder what to do with Song of Songs, or how to understand Revelation at the end of the Bible. It is not easy. And it was never supposed to be.

The Biblical writers understood that life is complex, and there are no neat summaries of either life or God. We cannot put God in a box. Even when we wish to learn about Jesus there are four different accounts of him in four gospels precisely because a single account, a single perspective, a single compilation of the memories of the disciples and other witness would be inadequate to tell who he is.

Can we, then, trust anything at all in the Bible? I think we can, very much, but we need simply to be wary of the opposing poles of naive literalism and excessive scepticism. And understanding comes with practice. If we keep reading this extraordinary book, gradually we can grow in confidence and understanding. As we do this, we will also increasingly be captivated by how extraordinary it is.

Blessings, Tim.

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# RESPONSE BY THE BISHOPS OF OUR DIOCESE TO PROPOSALS REGARDING SAME-SEX MARRAGE / CIVIL MARRIAGE OR PARTNERSHIP BLESSINGS IN CHURCH

It was announced on 18th January that the House of Bishops, following many years of consultation and debate concerning the church's response to LGBTQI+ Christians, has issued proposals that a same-sex couple will still not be allowed to get married in a Church of England church, but will be able to have a church service of dedication, thanksgiving and God's blessing following a civil marriage or partnership.

Immediately after this announcement, Bishop Martin Seeley and Bishop Mike Harrison wrote to all the clergy, churchwardens and ministers in the St Edmundsbury Diocese.

Bishop Martin said:

"The first thing that Mike and I wish to say is that we are grateful that the bishops of the Church of England have agreed to make a public apology for the way members of the LGBTQI+ community have been treated by the church. The bishops stressed the importance of all our congregations offering an unreserved and joyful welcome to same-sex couples. We, as your bishops, want to underline this message. Secondly, we

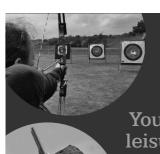
welcome the prayers and other resources, Prayers of Love and Faith, that are proposed to be commended by the House of Bishops for services for same-sex couples in church."

Bishop Martin and Bishop Mike added:

"While we welcome these developments, which are important, you will not be surprised to hear that we are both disappointed that they do not go further. Through this process we have both reached the view that the faithful, pastoral, loving and just way forward is to extend Holy Matrimony to same-sex couples.

"We recognise that many of you agree with us, while many of you would not be able to support such a change and many remain uncertain. This reflects the situation amongst the bishops where there is deep disagreement held in tension with a commitment to moving forward together."

The proposals will be outlined in a report to the Church's General Synod, which meets in London this month.









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#### 2023 BISHOPS' LENT APPEAL FOR KAGERA

Starting 22 February 2023

During Lent 2023 we are asking you and your churches to join our Bishops' Lent Appeal for Kagera. We realise that in many churches throughout our diocese wonderful work is being done to support local communities in the very difficult cost-of-living crisis. Through food banks, warm spaces and many more creative ways you are truly loving your neighbours. And our global neighbours need our support too. In Kagera the cost of staples like maize, beans and cooking oil has doubled in the past year. And of course these price rises come on top of the impact of the climate crisis.

Churches across Kagera work hard to empower communities to seek their own solutions to problems. In Lent 2023 the theme of our Appeal is 'Empowering and equipping farmers, doctors, priests and evangelists on the road to self-sufficiency'.

To access all of our resources, go to www. cofesuffolk.org and search for Bishops' Lent Appeal 2023.

#### Bishop Martin Seeley and Bishop Mike Harrison

We will be supporting the appeal in the benefice churches.



# Thurs February 16th Westleton Church 11.15am Revd. Tim Rogers Communion Service

All Welcome

Contact Sue Norrington 660280 or Jennifer Clough 648597 for more information

#### WHAT ARE YOUR PLANS FOR 2023?

Mothers' Union is a global Christian movement working with people of all faiths and none to develop communities, strengthen families and advocate for change. Here in the diocese of St Edmundsbury and Ipswich we have a strong Mothers' Union membership, making a

difference in the communities where we live and supporting members and their work across the world. Why not put your faith into action by joining us as we work together for a better world?

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#### **COULD THIS BE YOU?**

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  - 7 hours a week
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All enquiries to Revd Tim Rogers: 01728 668951 rector.yoxmereclergygmail.com



#### DARSHAM

#### DARSHAM WORSHIP

Service details are shown on the church notice board. Refreshments are served after services, and we can enjoy coffee and a chat. The church will also be open daily for quiet time.

#### FRIDAY PRAYERS

These are held at 9.30 in the church.

### CAROL SERVICE AND CHRISTMAS DAY COLLECTIONS

The collections raised £85 for Shelter.

#### DARSHAM VILLAGE HALL FILM CLUB

Our film for February is the delightful comedy drama Mrs Harris Goes to Paris. Lesley Manville plays Mrs Harris, an undervalued cleaning lady who escapes drab post-war Britain for France in pursuit of a couture Dior gown that she has fallen in love with ... and decided that she must have! The supporting cast includes Isabelle Huppert, Lambert Wilson, Jason Isaacs, Anna Chancellor and Freddie Fox.

Tickets are £5 and available on the door or at the Village Coffee morning. Doors open at 1845 and the film starts at 1900 - as usual we will have a bar and will be selling soft drinks, tea, coffee, chocolates, popcorn and ice creams.

We look forward to welcoming you to a very enjoyable evening. Bienvenue!

#### 100 CLUB WINNERS FOR NOVEMBER

1st Prize: £100 - S. Manning 2nd Prize: £50 - M. Smith 3rd Prize: I. Beager 4th Prize: E. Ferreira 5th Prize: S. Hemmingway

#### 100 CLUB WINNERS FOR DECEMBER

1st Prize: £100 - T. Shipp 2nd Prize: J. Loveridge 3rd Prize: J. King

#### DARSHAM

#### WHAT'S ON AT DARSHAM VILLAGE HALL

#### **FEBRUARY 2023 CLASSES**

#### Tuesday & Thursday afternoons from

**1 pm** - Sequence Dancing. (Contact Carol 01986 784642)

**Tuesdays, 7pm & Fridays, 2.30pm** - Carpet Bowls. (Contact Heather Shipp on 01728 668251)

**Thursdays, 9.30 to 10.30am** - Pilates. (Contact Maria 07999 848655)

**Thursdays, 11 am to 12 noon** - Seated Exercise. (Contact Maria 07999 848655)

**Thursdays, 7 to 9pm** - Table Tennis. (Contact Alan Holland on 01728 668451)

**Fridays, 10.30 to 11.30am** - Yoga. Contact Debbie on 07906 346545

#### **CLUBS**

**Table Tennis** - Thursdays, 7pm to 9pm. (Contact Alan Holland on 01728 668451) **Carpet Bowls** – Tuesdays, 7pm and Fridays, 2.30pm. (Contact Heather Shipp on 01728 668251)

**Dash Astro** - Sunday 5<sup>th</sup> & 19<sup>th</sup> February, 7pm. (See website: https://www.dash-astro.co.uk/)

**Crafty Club** - Monday 6<sup>th</sup> February, 9.30am. (Contact Heather Ballantine on 07860 278955)

**Darsham Dames -** Thursday 9<sup>th</sup> Feb, 2pm. (Contact Heather Meggison on 07516 540 638)

#### **EVENTS AND MEETINGS**

**Patchwork & Quilting** – Wedneday 8th February, 9am

**Coffee Morning** - Saturday 11th February, 10am

**Film Club** - Saturday 11th February. Film starts at 7pm

**Parish Council** - Tuesday 14th February, 6.30pm

**UK Church Fellowship** - Sunday 5th Feb & 19th February, 10am

**Quiz Night** - Saturday 25th February, 7.30pm

**Earthdance - Soulful Sunday** - Sunday 26th February, 10am

### Darsham Village Charity Quiz Night 7.30pm Saturday 25th Feb

Tables of 6 max, Tickets £5 each from John Meggison on 07515 254326 Bring your own drinks and snacks Raffle & Free entry to Heads/Tails game!

#### **FUTURE DATES FOR YOUR DIARIES**

Diss Guitar Ensemble - Sunday 26th March Darsham Walking Market - Sunday 11th June

Darsham Village Fete - Saturday 5th August

# Darsham Country Centre Needs YOU



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#### DUNWICH

#### COFFEE 4 U

Happy new year to everyone. We had a very enjoyable Coffee 4 U on the 5th of January. (I'm writing this on the evening of Jan 5th in anticipation that the 15th will also be enjoyable!)

Our next dates for February are on the 2nd and again on the 16th. Hope you will drop in to see us. Coffee is usually ready by 10am until 12noon.

#### **Heather Cook**

#### **DUNWICH HEATH**

A belated Happy New Year and welcome to 2023!

It was a chilly time, then wet time over December and January, with some spectacular frosts throughout December that made the heath breathtakingly beautiful, and some stormy days turning the sea into a thrilling maelstrom. The wildlife, luckily, doesn't seem to have suffered despite the weather, the Dartford Warblers merrily perched on the heather tops when it's warm enough for them to venture up from the undergrowth. On the conservation front our ranger, Sam, is spending this month finishing off the more disruptive conservation work, before having to stop so as not to disturb the groundnesting birds which will soon be into breeding season.

In terms of what's on here over February, we have a few things that would be well worth coming along to. On the 25th,

we have another of our Turbulence to Tranquillity history talks led by our volunteer expert Richard, where you can discover the dramatic history of our little corner of Suffolk. Before that, on the evenings of the 24th and 25th we have two stargazing sessions, with experts on hand from local astronomy group, DASH Astro, to show you the wonders of the night sky. Lastly, if you're visiting over half term we have a 50 Things to Do before you're 11 & 3/4 trail running, packed full of naturebased activities to get stuck into! More information is available on our website. and booking pages for the history talk and stargazing sessions can be found there too. Otherwise, the heath awaits for your winter walks, and the tearoom at weekends for a cup of tea to warm up afterward!

#### **Dan Payne**

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#### MIDDLETON

#### MIDDLETON WI NEWS

Our last speaker for 2022 was Simon Bridge from Shakespeare's Globe Theatre, who gave us a talk entitled "Her Infinite Variety". Simon has been an actor for 27 years and since 1993 has been giving lectures and doing workshops at the Globe Theatre. He explained that this theatre is a reconstruction of the original from Shakespeare's time. No one knew for sure how plays were staged back in that time so it was a matter of trial and error how to use this reconstruction - they worked it out as they went. Simon reminded us that in Shakespeare's time there were no actresses, boys played the women. In 1629 an acting company from France came to give a play. They had women in the cast and they were "pippin pelled", in other words apples were thrown at them!

Shakespeare was a shareholder in the company and knew all the actors so wrote his plays with certain actors in mind for the roles. Female parts were of course played by boys but in some of his plays, for example Portia in the The Merchant of Venice, he

had the men playing women playing men. He wrote strong female characters who were often cleverer than the men.

Simon explained that Shakespeare used the poetic device of metaphors to make his characters and audiences feel emotions. The balcony scene in Romeo and Juliet is an example, and to demonstrate this Simon used audience participation. Half of us stood up and played Juliet on the balcony and the other half sat and played Romeo on the ground. First Simon explained what Shakespeare was meaning in each line of dialogue in the scene. Simon then read us the lines and we shouted them back in unison, first Juliet then Romeo then Juliet etc. until we finished the balcony scene. It wasn't the most romantic of interpretations but we had a good laugh and thanked Simon for a very entertaining talk.

Lynne Venn



26th February (11 am - 4pm) https://findagarden.ngs.org.uk/garden/37635/manor-house

For 2023 Mandy & Steve are again opening their garden for the NGS. Visitors can book via the website (link above) - or can pay at the gate. Cars will be directed to park at the Middleton Playing Field where visitors can access the garden from the fieldside to the back entrance - there will be direction signs on the day.

This year we will also have a **Secondhand Gardening Book Stall**. If you have any gardening books you no longer need and would be happy to donate please do drop them off to us

### MANOR HOUSE GARDEN (MIDDLETON) OPENING FOR THE NGS SNOWDROP FESTIVAL

(at least a week beforehand so we know how much space to allow).

The National Garden Scheme is an organisation close to our hearts - originally set up in 1927 to support district nurses, the NGS now raises money for nursing and health charities each year. They also support charities doing amazing work in gardens for health as well as grant bursaries to community gardening projects. All profits raised from our event will go to these NGS charities.

Please come along and share some time in the fresh (!) air. Tickets could also make a great gift for someone you know!

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#### MIDDLETON

#### MIDDLETON-CUM-FORDLEY W.I.

#### **December End of Year Celebration**

Members and their guests came together in the festive Village Hall for the annual End of Year Celebration. Members brought along a varied selection of delicious food items for the buffet table whilst the smell of mulled wine filled the hall.

W.I. President Lynda welcomed everyone and thanked Clare, Jenny, Mark, Angela and Steve for setting up the hall and making it look so warm and welcoming. Lynda also thanked everyone for their generous food donations.

Before proceedings began, Lynda gave a special welcome to our W.I. adviser who is retiring after many years of giving her time and supportive knowledge to so many local W.I. groups in this area. Gwyneth was given a card and a plant to show our appreciation.

Hebe played some beautiful festive music for

us all whilst everyone tucked in to the buffet and tackled another of Caroline's challenging quizzes.

At the end of the evening, having found the winners of the quiz and the raffle, Lynda again thanked everyone for their generosity and support shown towards Middleton-cum-Fordley W.I., particularly those on the committee who have gone above and beyond their roles to ensure our W.I. continues to grow in strength.

The new programme of speakers that Clare has put together so diligently is now available and looks to ensure everyone will be enlightened and entertained in 2023.

The evening closed with good wishes to everyone for Christmas and the New Year.

If you are interested in finding out about the W.I. please contact Lynda on 01728 668977.

#### PEASENHALL

#### **POP-UP CAFE**

The next two dates for the Pop-Up Café at Peasenhall Assembly Hall are Wednesday 1st February and Wednesday 1st March from 10am till noon. Free tea, coffee, biscuits and maybe even a slice of cake! (Donations in The Teapot welcome.)

If you're wondering what it's all about, it's just a bunch of villagers of all ages getting together for a bit (well quite a lot) of a chat and a cup of tea.

Pop along or if you require further information please contact Sara at The Weavers Tearoom 01728 660548.

#### PEASENHALL

#### **Peasenhall Assembly Hall**

Thank you to all of you who braved the dark nights to attend the January Film night and the Ward Quartet Concert. We really do appreciate your support.

Saturday 4th and Sunday 5th February - Positive Peasenhall - Photographic Exhibition

Friday 10th February - Peasenhall Picture Palace film. Doors open at 7, film starts at 7:30 (join the mailing list 'Peasenhallpicpalacefilmclub@gmail.com' (for residents of Sibton and Peasenhall)

Saturday 18th February - Positive Peasenhall - Community Bingo - doors open at 14:30 (Tea, Coffee and soft drinks available) - (for residents of Sibton and Peasenhall)

#### THEBERTON

### A BIG THANK YOU WITH CROISSANTS AND COFFEE.

#### 11 am Sunday 12th February in the Village Hall.

Over the year many of you help in major or minor ways to keep our church alive.

Bell ringers, flower arrangements, cleaning, sewing, grass cutting and not forgetting the Christmas tree festival. With your help it keeps our church open.

Please come for a short informal service/natter with croissants, coffee/tea.

If you are interested in helping in some way come along.

#### **JUMBLE SALE**

#### Saturday 25th Feb, 2pm in Theberton Village Hall.

For more details/enquiries please contact Sally Ginger on 01728 832386.

#### SPRING QUIZ NIGHT (SAVE THE DATE)

The community council will be holding a spring quiz night on Sunday March 26th in Theberton Village Hall. More details to follow in next issue of the Fisherman

#### WESTLETON

#### **WESTLETON VILLAGE HALL**



The film for Saturday 4<sup>th</sup> February's **Film Night** is The Lost King. March's Film Night See How They Run is on Saturday 4<sup>th</sup> March. Tickets are £5 and available from the Hall's Foyer, the Westleton Stores or on the door on the night. Refreshments will be available in the interval.

We now have **fun Bingo** monthly in the Foyer! 2 - 4pm, Thursday 16th February. All welcome, no experience or booking in advance required. £5 each to play, for small cash prizes, all equipment provided. Refreshments will be available. Come and have a chat with some Bingo fun to while away a winter's afternoon in the cheery and warm Foyer. Better than staying in!

Thursday 23<sup>rd</sup> February 9am - 4.30pm we have **Footcare** in the Consultation Room with Susan from No Bad Feet. To book please call her on 07497 371073. We also have a pet and human registered **Physiotherapist** - Emma Strachan - in the Consultation Room fortnightly (variable days). For further information or to book please contact her on 07821 055404.

**Reflexology** is available in the Consultation Room monthly; the next date is Saturday 25th February, 10.30am - 12.30pm. Contact Juliet Overton to book: 07930 341901 www.julietoverton.co.uk On Monday 20th February, 7 - 8pm we have something new to try - a **Sound Bath** - this involves chimes, gongs and rainsticks to help relax you whilst you lie on the floor with a pillow and blanket. Why not try something different?! It's £15 and tickets are available from Sarah on her website: https://sarahlousolutions.sumupstore.com/product/sound-meditations. You can also call her to find out more on 07737026052.

The **Flea Market** is back! Sunday 26th February, from 10am - 3pm with collectables, vintage and good quality second-hand items, and affordable antiques. We can't wait! Entry is 50p each (under 16s free) and light refreshments will be available in the Foyer.

To see our latest timetable of activities, events and groups please see our website: <a href="www.westleton-villagehall.co.uk">www.westleton-villagehall.co.uk</a> and do join us on Facebook and Instagram. You can also pick up a copy of the monthly 'What's On' in the Foyer. The Foyer is open 10am - 12noon every weekday for light refreshments, information and chat with our friendly volunteers. All welcome.

#### Save the date!

Eastern Angles at Westleton Village Hall on Tuesday April 11th, 7.30pm with 'Medieval Miracles'

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#### WESTLETON

#### **WESTLETON WI**

January 2023

And a Happy New Year to all!

We kicked off our year with an open meeting and a speaker, Charlie Haylock - the voice coach for Ralph Fiennes on the movie The Dig. We had a full village hall, not surprising, and it was just what we needed in this bleak mid-winter. Charlie's knowledge is phenomenal and he has the ability to entertain while he teaches. A very enjoyable evening indeed.

Next month we return to more sobering thoughts. Our topic for discussion will be homelessness.

As a closing comment. Our Xmas meal in the hall was well attended and almost like old times!

Thank you to all who made this possible.

### WOULD YOU LIKE TO BE THE LOCAL RECORDER FOR WESTLETON?

The Suffolk Local History Council runs a Recorders Scheme throughout Suffolk. We administer a network of volunteers to ensure that the 'present' is adequately recorded at local level for the 'future'.

A Recorder will note significant happenings in their parish and collect their local parish magazines, leaflets, election pamphlets and newspaper cuttings. At the end of each year, they are asked to submit a short report summarising the activities of their parish. The reports are deposited at the Suffolk Record Office and

available to future researchers together with the collected items.

If you are interested, please look at the Recorders Pack by visiting www.slhc.org.uk to acquaint yourself with the guidelines of the scheme. You do not need to be a historian; you do not need any qualifications other than an interest in your parish. In return you will receive a copy of the SLHC Newsletter and be invited to the annual conference specifically for Local Recorders. To volunteer to help in this important work, please contact recorders@slhc.org.uk

#### **WESTLETON COMMON EVENTS**

There will be 2 WORKING PARTIES in February:

SATURDAY FEBRUARY 4th and SATURDAY FEBRUARY 18th

10am - 12.30pm. (Refreshments will be served at half time.)

NATURE WALK SATURDAY FEBRUARY 25th 10.30am - Noon

For all these events please meet near the main Common Noticeboard, at the top of Mill St down a short track on the right.



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#### WESTLETON

### TALLIS CHAMBER ORCHESTRA



St Peter's Church, Westleton, Suffolk Sunday 12 March 2023, 3.00pm Conductor ~ Jack Gonzalez-Harding Soloist ~ Sue Treherne (oboe)

Entrance to the Queen of Sheba – G. F. Handel Oboe Concerto in D minor – A. Marcello Symphony No. 4 in F major – W. Boyce Brandenburg Concerto No. 1 in F major – J. S. Bach Symphony No. 55 in E flat major – J. Haydn

Admission by programme, £12 at the door (cashless payments accepted)

Visit our website and join our email list at www.tco.org.uk

#### **WESTLETON 100 CLUB**

#### **December winners**

1st £100 - Mrs E Calder

2nd £50 - Andrew Turner

#### January winners

1st Philippa Dent

2nd Debby Turner

#### YOXFORD

#### YOXFORD HISTORY GROUP

Formed in 2018, we are a small group adding to the Archive which was started by Eileen English, village postmistress from 1947-81. We have the Horner Archive donated by the family, three generations of whom ran the village shop from 1907-1994 and whose name has been retained. The Archives include photos, letters, Horner's shop ledgers, newscuttings, books and a few objects. We have held exhibitions showcasing the collections and our research - Shopping in 20th century Schooldays & Health and one on WWI relating to the Centenary of the 1918 Armistice. All war casualties have been researched and

this is in the church, alongside the war memorial. We compiled an historic Walking Trail leaflet, available from G & T's Café, Horner's shop and local libraries. We have not been so active since before the pandemic but now we are full of enthusiasm again!

Do you have any family connections with Yoxford? Did you once live and shop here or attend the village school? Would you like to share your information, memories, photos with us? If so we should love to hear from you. Please contact history@perry72.plus.com

#### YOXFORD VILLAGE HALL - WHAT'S ON

Outreach Post Office - Mondays, 1.30am - 3.30pm

Meet Up Tuesday Group – Tuesdays, 11 am – 12 noon

Meet Up Lunch Group - last Tuesday of every month

Zumba with Ellen - Tuesdays, 7.15pm to 8.15pm

Outreach Post Office – Wednesdays, 9.30am – 12 noon

**Art Classes** – Thursdays, 2pm – 4pm

Mobile Fish and Chip Van – Thursdays, 5pm – 7.30pm

Youth Club for 11 - 18 year olds - Thursdays, 6pm to 8pm.

Parish Council - first Thursday of the month, 7pm to 9pm

**Boules/Pétanque Pistes** - available for community use, no need to book.

**Tennis Courts** - to book, contact Laura Greenberg on 01728 668053.

Hall and Marquee Hire - to book, contact Hazel Wheeler on 07748 784909.

#### YOXFORD

#### SING OUT!

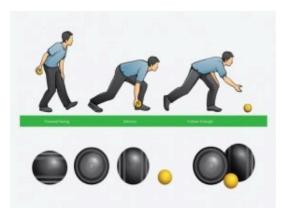
#### Join our Community Choir

Whether you are new to singing, have sung in a choir before or read music or not. All are welcome. We sing a wide range of music from pop to choral and musicals.

We meet in St. Peter's Church Yoxford on Wednesday at 7.30pm. We hope to see you there, especially if you have a lower range singing voice: Tenor/Bass

For more information: Email: singoutyoxford@gmail.com / Website: singoutyoxford.co.uk

### YOXFORD BOWLS CLUB



Do you fancy trying your hand at lawn bowls? Our season runs from late April 2023 until September. The bowls rink is just around the corner in Yoxford, opposite the Village Hall.

If you would like to have a go, please ring either Margie (668570) or David (648225) for more information. Bowls are available for you to use. Also have a look at our website - www.yoxfordbowlsclub.com

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# The Electoral Commission

#### Voter ID

The UK Government has introduced a requirement for voters to show photo ID when voting at a polling station at some elections. This new requirement will apply for the first time in England at the local elections on Thursday 4 May 2023.

#### Which forms of ID can I use to vote?

You may already have a form of photo ID that is acceptable. You can use any of the following:

- Passport
- Driving licence (including provisional license)
- Blue badge
- Certain concessionary travel cards
- Identity card with PASS mark (Proof of Age Standards Scheme)
- Biometric Immigration document
- Defence identity card
- Certain national identity cards

For more information on which forms of photo ID will be accepted, visit electoralcommission. org.uk/voterID or call their helpline on 0800 328 0280.

If you don't have an accepted form photo ID

If you don't already have an accepted form of photo ID, or you're not sure whether your photo ID still looks like you, you can apply for a free voter ID document, known as a Voter Authority Certificate. You can apply for this at voter-authority-certificate.service.gov.uk. Alternatively, you can complete a paper application form and send this to the electoral services team at your local council.

If you need any help with applying for a Voter Authority Certificate or want to request an application form, contact your local council. To find their contact details visit electoralcommission.org.uk/voter.

#### Find out more

If you have any questions or would like to find out more, go to electoralcommission.org.uk/voterID, or call their helpline on 0800 328 0280.



### Situation Vacant House Sitter, Pony Sitter, Dog Sitter Required



We are seeking a reliable, conscientious animal caring person to house sit our coastal home in a quiet village & look after our ponies and two dogs.

This position is a house-sitting position with full responsibility for the animals and house. This paid position would suit someone who enjoys country life, in a relaxing home with beautiful views with experience of equines. This position is for when we holiday, in the Spring & Summer.

You would be required to live in the house; the ponies need turning out & turning in every day, the 'mucking out' of a large field shelter, followed by 'skipping out'

daily as well as field manure picking daily. The dogs are friendly, content and will just require company, feeding and walking on the grounds.

We are looking for someone who lives in the Suffolk area, who has equine experience and a love of dogs, who can house sit for periods of a week to ten days and two weeks when we travel overseas. When we holiday in England the dogs accompany us and as such it would be just the house sitting & pony sitting responsibilities.

Please respond if you are interested to countrycoastalstories@gmail.com

#### **BIBLE PUZZLE CAKE**

The ingredients for this recipe can be deciphered from the King James AV Bible. Well done if you can get to the recipe. Even better if you bake the cake!

#### **INGREDIENTS:**

- 1. ½ lb of Judges 5:25 (the last food in the list)
- 2. ½ lb of Jeremiah 6:20
- 3.1 tablespoon of 1 Samuel 14:25
- 4.3 of Jeremiah 17:11
- 5.1/2 lb of 1 Samuel 30:12
- 6.1/2 lb of Nahum 3:12 chopped
- 7. 2 oz of Numbers 17:8 blanched and chopped
- 8.1 lb of 1 Kings 4:22
- 9.2 Chronicles 9:9
- 10. a pinch of Leviticus 2:13
- 11. 1 teaspoonful of Amos 4:5
- 12. 3 tablespoons of Judges 4:19

#### **METHOD**

Mix 8, 9, 10 and 11, and put them aside.

Beat 1, 2 and 3 to a cream.

Then beat in 4, one at a time.

Add 5, 6 and 7 and beat again.

Add 12. Bake in a low oven for 11/2 hours

#### CHURCH CONTACT LIST

#### RECTOR

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668951
rector.yoxmereclergy@gmail.com

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